

The following are the list of items that you CAN and CAN NOT bring to residential treatment at **Pioneer Center East**. Please limit items to two bags.

### ITEMS ALLOWED

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|---|---|
| • Pillows - new, sealed only                        | • NO MORE than 2 bags of clothing, or enough for 1 week                     |
| • Comforter/Quilt                                   | • Walkman Radio or handheld CD Player with earphones (no external speakers) |
| • Hair Dryer/Curling Iron                           | • MP3 players with no other features  |
| • Gels/Lotions/Deodorant                            | • Family Photos   |
| • Shampoo/Conditioner                               | • Doctor prescribed medications (must be in pharmacy labeled containers)    |
| • Guitar or Small Musical Instrument (not electric) | • FDA approved Nicotine Replacement   |
| • Art or Craft supplies (NON-TOXIC)                 |   |
| • Leather Crafts (NON-TOXIC) No tools               |   |

Valid ID issued by State, Federal, or local government may be required for those who are seeking housing after treatment:

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|---|------------------------|
| • Passports   | • Tribal ID            |
| • State Issued Driver's License or ID (cannot be temporary, expired or punched) | • Social Security Card |
| • Military ID   | • Birth Certificate    |
|   | • Resident Alien Cards |

### ITEMS NOT ALLOWED

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|---|--|
| • Caffeinated Products  | • Non-prescription medications or Vitamins |
| • Chocolate, gum, candy   | • Tools/Weapons                            |
| • Food – nothing consumable   | • Expensive jewelry                        |
| • Large electrical appliances – computers/laptops                                     | • Cameras                                  |
| • Television or VCR – no VHS tapes or DVD's   | • Bandanas will be put in storage          |
| • Clothing with pro-drug/alcohol statements   | • Pornography                              |
| • Spaghetti strap tops (tank tops), see-through clothing (can be used under clothing) | • Highlighters                             |
| • Bathing suits   | • Weights                                  |
| • Drugs or drug paraphernalia   | • Locks of any kind                        |
| • Paint   | • Bleach                                   |
| • Fake nails/glue   | • Sleeping bags                            |
| • White-out   | • Foam mattress pads                       |
|   | • I-Pod or MP3 Players with other features |
|   | • Used Books                               |