

**PIONEER FOOD SERVICE**

**Selma Carson Home**

CYCLE 1													
16-May SUNDAY		17-May MONDAY		18-May TUESDAY		19-May WEDNESDAY		20-May THURSDAY		21-May FRIDAY		22-May SATURDAY	
Rice Krispies	1 c	Cheerios	1 c	Oatmeal	1 c	Cornflakes	1 c	Froot Loops	1 c	Oatmeal	1 c	Cornflakes	1 c
Waffle	2 ea	Chorizo	2oz	Waffle	2ea	Egg T.Ham &	1/2C	Chorizo	2oz	Huevos Rancheros		French Toast	2 sl
T.Ham	2 oz	Eggs	1/2c	Bacon	2sl	Cheese		Eggs	1/2c	Egg	1/2c	Bacon	2oz
		Pot Triangles	2ea			Frittata		Pot Triangles	2ea	T.Ham&Cheese	1oz ea		
Marg	2 tsp	WG Tortilla	2ea	Marg	2 tsp	WG Bread	2 sl	WG Tortilla	2ea	WG Tortilla	2 tsp	Marg	2 tsp
Syrup	2 oz			Syrup	2 oz					Fresh Pico De Gallo	1oz	Syrup	2oz
Cranberry Jce*	8 oz	Orange Juice*	8 oz	Apple Juice*	8 oz	Cranberry Jce*	8 oz	Orange Juice*	8 oz	Apple Juice*	8 oz	Cranberry Jce*	8 oz
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
										Chx Tortilla soup	8 oz		
T.Ham	3 oz	Meat Loaf Sandwich	3 oz	Salsa Chick Sausage	3 oz	Mexican Chilli	12 oz	Chicken Alfredo	8 oz	W/Tortilla Chips	1oz	Hamb Patty w/	3 oz
Cheese	2 sl	w/Swiss Cheese	2ea	Green Salsa		Shredded Cheese	1oz	Casserol		Bologna	3 oz	Cheese	1oz1ea
Mustard/Mayo	1 ea	Mustard/Mayo	1 ea	Pasta Sald	1/2 c	Capri veg blend	1 cup	Yellow Corn &	1/2cup	Cheese	2sl	Mayo/mustard	1ea
Fresh Carrots	1 cup	Green Salad/spir	1 c	Princ Edward veg mi	1C	Carrots,gr beans	1/2cup	Red Peppers	1/2 cup	Mayo/Mustard	1pk ea	Macaroni & Cheese	1/2 c
		Salad Dressing	1 oz	Carrots,Broc, Cauliflowe		Zuch,squash				Baby Carrot**	1 cup	Fresh Broccoli	1 cup
WG Bread	2 sl	WG Bread	2 ea.	WG Hoagie Roll	1 ea	WG Tortilla	1 ea	WG Bread Roll/ma	1ea	WG Hoagie Roll	1ea	WG Bun	1 ea
Mandarins*	1 cup	Fresh Apple	1ea	Fresh Orange*	1ea	Tropical Mix	1 cup	Fresh Banana	1 ea	Fresh Orange*	1ea	Mixed Fruit	1/2 c
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
		Zesty Mexican		Mexican Salisbur	3.2 oz	Pico De Gallo		Fried Steak	4 oz	Chicken Mole	4 oz	Breaded Fish Taco	3.6 oz
Sloppy Joes	4 oz	Chicken	3 oz	Steak		Chicken	3 oz	W/Country Gravy	3 oz	Rice	1c	Tater Tots	1 c
Pasta Salad	1 c	rice w/beans	1 c	Rice	1c	Rice/beans	1 c	Mashed Potatoes	1 c	Italian Veg mix*	1/2 c	Fresh Pico De Gallo	1 oz
Green Beans	1/2 c	Zucchini	1/2c	Green Beans	1/2C	Stir Fry Veg	1/2 c	Broccoli Blend	1/2 c			Capri Veg Mix	1/2 c
Green Salad	1c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c	Shredded Lettuc	1/2 c
Salad Dressing	1oz	Salad Dressing	1 oz			Salad Dressing	1 oz	Bread/mar	1 ea	Salad Dressing	1 oz	Shredded Cheese	1oz
Ham Bun	1 ea	Bread/ Marg	1 ea	WG Tortilla	1ea.	WG Tortilla	1 ea	Apricot	1/2C	WG Tortilla	1ea	WG Tortilla	1 ea
Pears	1/2 c	Mixed Fruit	1/2 c	Pineapple	1/2 c	Pears	1/2 c			Pudding	1 sq	Peaches	1/2 c
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.

Menu items contain no pork products (except bacon)- **turkey** ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

\*Vitamin C rich source \*\*Vitamin A rich source

Condiments = average of 1 tsp ea catsup/may/mustard

Nutritious snacks are to be kept on hand at all times.

**PIONEER FOOD SERVICE**

**Selma Carson Home**

Cycle 2													
23-May SUNDAY		24-May MONDAY		25-May TUESDAY		26-May WEDNESDAY		27-May THURSDAY		28-May FRIDAY		29-May SATURDAY	
Cheerios	1 c	Rice Krispies	1 c	Frosted Flakes	1 c	Raisin Bran	1 c	Cornflakes	1 c	Oatmeal	1 c	Cheerios	1 c
Huevos Rancheros		Belgian Waffle	2 ea	Egg T.Ham &	1/2C	Egg Patty	1 ea	Mexican Omelete		Pancakes	2ea	Egg T.Ham &	1/2C
Egg	1/2c			Cheese		Sausage Patty	1 ea	Fresh Pico De Gallo	1 oz	T.Ham	2oz	Cheese	
T.Ham&Cheese	1oz ea			Frittata		Cheese Slice	1 ea	Pot Triangles	2ea			Frittata	
Pot Triangles	2ea	Syrup	2 oz	WG Bread	2 sl	English Muffin	1 ea	WG Bread	2 sl	Syrup	2oz	WG Bread	2 sl
WG Tortilla	2ea	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp
Apple Juice*	8 oz	Grape Juice*	8 oz	Cranberry Jce*	8 oz	Orange Juice*	6 oz	Apple Juice*	8 oz	Cranberry Jce*	8 oz	Grape Juice*	8 oz
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
		Beef Taco											
		Taco Meat	2 oz					<b>Chef's Salad</b>					
T.Salami	3 oz	Black Beans	1/2 c	T.Hot Dog	4 oz	Bn&Cheez Burrito	2 ea	T.Ham&Shrd Chz	1oz ea	Tex Mex Sloppy	4 oz	Bologna	3 oz
Cheese	2sl	Shred cheese	1 oz	Macaroni &		Spanish Rice	1/2 c	Hard boiled egg	1 ea	Potato Salad	1/2 c	W/Cheese	2sl
Mayo/Mustard	1pk ea	Shred lettuce	1 cup	Cheese	1/2C	Fresh Pico De Gallo	1 oz	Lettuce mix/spin	2 c	Baby carrot**	1 cup	Mayo/Mustard	
Carrots	1 cup	Fresh Pico De Gallo	1oz	Coleslaw	1/2 c	Green Beans	1 cup	Tomatoes	2 wdg	WG Hamb Bun	1ea	Fresh Broccoli	1 cup
		Sour Cream	1oz	WG Hot dog bur	1 ea	Tapatio	1 oz	Salad Dressing	2 oz			WG Hoagie Roll	2ea
WG Hoagie Roll	2 sl	WG Tortillas	2 ea					WG Dinner Roll/n	1 ea				
Fresh Orange*	1 ea	Fresh Apple	1 ea	Pears	1 cup	Apricot	1C	Mixed Fruit	1 cup	Mandarins*	1 cup	Fresh Apple	1ea
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
				Sinchronizadas									
Mexcian Meatballs	3 oz	Pollo Fajitas	4 oz	T.Ham	3 oz			Mexican	3 oz	Cheesebuger	3 oz	Brd Fish square	3.6 oz
Chipotle Chili Sauce	3oz	Rice w beans	1C	Cheese	1oz	Meat Lasagna	6 oz	Salisbury Steak		Mayo/mustard	1 ea	W/Tartar Sauce	1 oz
Rice	1 c	Broccoli Blend	1/2 c	Pot.triangles	3ea			Pot Triangles	3ea	Tater Tots	1 c	Tater Tots	1C
Scandiavian Veg	1/2 c			Carrots	1/2C	Capri Veg Mix	1/2 c	Brussel Sprouts	1/2 c	Corn	1/2C	Peas & Carrots	1/2c
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Coleslaw	1 cup	Green Salad	1 c	Coleslaw	1/2 c
Salad Dressing	1 oz	Salad Dressing	1 oz	Salad Dressing	1 oz	Salad Dressing	1 oz			Salad Dressing	1oz		
WG Tortillas	1 ea	WG Tortillas	1 ea	WG Tortillas	1 ea	WG Tortillas	1 ea	WG Tortillas	1ea	Hamb bun	2ea	Bread/Marg	1 ea
Pineapple	1/2 c	Mandarins*	1/2 c	Tropical Salad	1/2 c	Pudding	1/2 c	Cake	1ea	Pears	1/2 c	Tropical Salad	1/2 c
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz

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Menu items contain no pork products (except bacon)- **turkey** ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

\*Vitamin C rich source \*\*Vitamin A rich source

Condiments = average of 1 tsp ea catsup/may/mustard

Nutritious snacks are to be kept on hand at all times.

**PIONEER FOOD SERVICE**

**Selma Carson Home**

5/13/2021

		CYCLE 3											
30-May		31-May		1-Jun		2-Jun		3-Jun		4-Jun			
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		SATURDAY			
Froot Loops	1 c	Rice Krispies	1 c	Oatmeal	1 c	Froot Loops	1 c	Frosted Flakes	1 c	Cheerios	1 c	Oatmeal	1 c
Chorizo	2oz	French Toast	2ea	Huevos Rancheros		Waffles	2 ea	Huevos Rancheros		Cheese	1ea	French Toast	2 sl
Eggs	1/2c	Bacon	2ea	Egg	1/2c	Bacon	2oz	Egg	1/2c	Omelette		Bacon	2oz
Pot Triangles	2ea			T.Ham&Cheee	1oz ea			T.Ham&Cheee	1oz ea	WG Bread	2 sl		
WG Tortillas	2ea	Marg	2 tsp	Pot Triangles	2ea	Marg	2 tsp	Pot Triangles	2ea	Marg	2 tsp	Marg	2 tsp
		Syrup	2 oz	WG Tortillas	2ea	Syrup	2 oz	WG Tortillas	2ea	Fresh Pico De Gallo		Syrup	2 oz
Orange Juice*	8 oz	Cranberry Juice*	8 oz	Orange Juice*	8 oz	Apple Juice*	8 oz	Cranberry Juice*	8 oz	Apple Juice*	8 oz	Grape Juice*	8 oz
1% Milk	1 c	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
										Beef Tostada			
						Chop Chop Salad				Taco Meat	2 oz	Zesty Mexican	
Meat Loaf Sandwich	3 oz	Pastrami	3 oz	Tator Tot	8 oz	Chicken, ham	1oz ea	Chicken Salsa	4 oz	Pinto Beans	1/2 c	Chicken & Peppers	3 oz
w/Swiss Cheese	2ea	Swiss Cheese	2ea	Casserol		Hard-boiled egg	1 ea	Red Beans/rice	1/2 c	Shred cheese	1 oz	Rice/beans	1/2 c
Mustard/Mayo	1 ea	WG Hoagie Roll	1ea	Mixed Veg	1C	Tomatoes	2 wdg	Yellow Corn &	1/2 C	Shred lettuce	1 cup	Mix Veg	1 cup
Green Beans	1 cup			Squash,carrots		Shr Carrots**	1/4 c	Red Peppers	1/2 C	Fresh Pico De Gallo	1oz	Broc,onions	
		Baby carrot**	1c	Green Beans		Salad Mix/spin	2c/2z			Sour cream	1oz	Mush, R. Pepper	
WG Bread	2 sl			Bread Roll/Marg	1ea	Dinner roll/Marg	1 ea	WG Tortillas	2 ea.	WG Tostada Bowl	1 ea	WG Tortilla	2 ea.
Mixed Fruit	1 cup	Pear	1 cup	Fresh Apple	1 ea	Fresh Orange*	1ea	Tropical Mix	1 cup	Pineapple	1 cup	Mandarins*	1 cup
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
		Fried Steak	4 oz	Mexican-Style	3 oz	Mexican Meatballs	3 oz	Mexican Chili	12 oz	Brd.Chicken Patty w/	3 oz	Turkey Hot Dog	4oz-2ea
Chicken Mole	3 oz	W/Country Gravy	1 c	Chicken		Chipotle Chili Sauce	1 oz			Marinara&Parmesan	10zea		
Rice/Beans	1 c	Scalloped Potatoes	1 oz	Rice / beans	1C	Rice	1 oz	Shred Cheese	1/2 oz	Penne Pasta	1 c	Mac&Cheese	1 c
Zucchini	1/2 c	Zucchini	1/2 c	California veg bland	1/2c	Veg mix**	1/2 c	WG Tortillas	2 ea	Corn	1/2 c	Country Mix **	1/2 c
Pineapple Slaw	1/2 c	Green Salad	1/2 c	Green Salad	1 c	Coleslaw	1/2c	Mixed Veg Blend	1/2 c	Green Salad	1 c	Coleslaw	1/2c
		Salad Dressing	1oz	Salad Dressing	1 oz			Green Salad	1 c	Salad Dressing	1 oz		
WG Tortillas	2 ea	Bread/ Marg	1 ea	WG Tortillas	2 ea.	WG Tortillas	2 ea.	Salad Dressing	1 oz	Dinner roll/Marg	1 ea	WG Hot Dog Bur	2 ea
Pudding	1/2 c	Mandarins*	1/2 c	Pineapple	1/2 c	Pudding	1/2C	Peaches	1/2 c	Pears	1/2 c	Mixed Fruit	1/2 c
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz

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Menu items contain no pork products (except bacon)- **turkey** ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

\*Vitamin K rich source \*\*Vitamin A rich source

Condiments = average of 1 tsp ea catsup/may/mustard

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**PIONEER FOOD SERVICE**

**Selma Carson Home**

5/13/2021

		CYCLE 4											
6-Jun		7-Jun		8-Jun		9-Jun		10-Jun		11-Jun		12-Jun	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Rice Krispies	1 c	Crispix	1 c	Frosted Flakes	1 c	Toasted Os	1 c	Oatmeal	1 c	Cornflakes	1 c	Rice Krispies	1 c
Chorizo	2oz	Huevos Rancheros		Waffles	2 ea	Cheese	1ea	Egg Patty	1 ea	Pancakes	2 ea	Chorizo	2oz
Eggs	1/2c	Egg	1/2c	Bacon	2oz	Mexican Omelette		Sausage Patty	1 ea	Bacon	2oz	Eggs	1/2c
WG Tortillas	2ea	T.Ham&Cheese	1oz ea			Fresh Pico De Gallo	1 oz	Cheese Slice	1 ea			WG Tortillas	2ea
Fresh Pico De Gallo	1oz	Pot Triangles	2ea	Marg	2 tsp	WG Bread	2 sl	English Muffin	1 ea	Syrup	2 oz	Fresh Pico De Gallo	1oz
		WG Tortillas	2ea	Syrup	2 oz	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp		
Cranberry Jce*	8 oz	Grape Juice*	8 oz	Apple Juice*	8 oz	Grape Juice*	8 oz	Cranberry Jce*	8 oz	Orange Juice*	8 oz	Apple Juice*	8 oz
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
						Tomato Soup	8 oz			Chef's Sal			
		Bn&Cheez Burrito	2 ea	Turkey w/	3 oz	W/Saltines	2 pak	Mexican Chili	12 oz	T.Ham&Shrd Chz	1oz ea	Creamy Chicken	3 oz
Mexican Chicken		Spanish Rice	1/2 c	Cheese	2oz	Ham	3 oz	Shred Cheese	1/2 oz	Hard boiled egg	1 ea	Rice	1/2 c
Casserole	8 oz	W/Salsa	1oz	Baby Carrot**	1 cup	Cheese	2ea	Mixed Veggies		Lettuce mix/spin	2 c	Broccoli Blend	1 c
WG Tortillas	2 ea	Zucchini	1 cup	WG Hoagie Roll	1ea	Mayo/Mustard	1 ea	Peas,carrots	1/2 C	Tomatoes	2 wdg	WG Biscuit/Marg	1ea
Green Beans	1 cup					WG Bread	2 sl	Corn	1/2 C	Salad Dressing	2 oz		
						Broccoli	1 cup	WG Tortillas	2 ea	Dinner roll/Marg	1 ea		
Fresh Apple	1ea	Fresh Orange*	1ea	Pear	1 cup	Tropical Mix	1 cup	Fresh Apple	1ea	Banana	1 ea	Pears	1 cup
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
												Sinchronizadas	
Breaded Fish Taco	3.6 oz	Pollo Fajitas	3 oz	Beef Stew	12 oz	Fried Steak	4 oz	Chicken Tacos	3 oz	Shepherd's Pie	6 oz	T.Ham	3oz
Tater Tots	1 c	Rice	1 c	W/Potatoe and		Chipotle Chili Sauce	1 oz	Rice and beans	1 c		1 oz	Cheese	1oz
Fresh Pico De Gallo	1 oz	Broccoli Blend	1/2 c	Veg.in stew		Tater Tots	1 c	Fresh Pico De Gallo	2oz		1 c	Potato triangles	3ea
Peas & Carrots	1/2 c	Green Salad	1 c			Green Beans	1/2c	California vegetables	1/2 cup	Capri Veg Mix	1/2c	Baby Carrots**	1/2C
Shredded Lettuc	1/2 c	Salad Dressing	1 oz	Green Salad	1 c	Coleslaw	1/2 c	Shredded Lettuc	1/2 c	Coleslaw	1/2 c	Salad Dressing	1 oz
Shredded Cheese	1oz	WG Tortillas	2 ea.	Salad Dressing	1 oz			Shredded Cheese	1oz				
WG Tortillas	1 ea			Biscuit/Marg	1 ea	Dinner roll/Marg	1 ea	WG Tortillas	2 ea	Bread Roll/Marg	1 ea	WG Tortillas	2 ea.
Peaches	1/2 c	Tropical Salad	1/2 c	Pudding	1/2 c	Cake	1ea	Pineapple	1/2 c	Apricot	1/2c	Peaches	1/2 c
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz

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Menu items contain no pork products (except bacon)- **turkey** ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

\*Vitamin C rich source \*\*Vitamin A rich source

Condiments = average of 1 tsp ea catsup/may/mustard

Nutritious snacks are to be kept on hand at all times.

**PIONEER FOOD SERVICE**

**Selma Carson Home**

5/13/2021

		CYCLE 5											
13-Jun		14-Jun		15-Jun		16-Jun		17-Jun		18-Jun		19-Jun	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Toasted Os	1 c	Oatmeal	1 c	Cornflakes	1 c	Oatmeal	1 c	Rice Krispies	1 c	Froot Loops	1 c	Cornflakes	1 c
French Toast	3 ea	Huevos Rancheros		Waffle	2 ea	Chorizo	2oz	Cheese	1ea	Huevos Rancheros		French Toast	2 ea
		Egg	1/2c	Bacon	2 oz	Eggs	1/2c	Mexican Omelette		Egg	1/2c	Bacon	2oz
		T.Ham&Cheee	1oz ea			WG Tortillas	2ea	Fresh Pico De Gallo	1 oz	T.Ham&Cheee	1oz ea		
Marg	2 tsp	Pot Triangles	2ea	Marg	2 tsp			WG Bread	2 sl	Pot Triangles	2ea	Marg	2 tsp
Syrup	2 oz	WG Tortillas	2ea	Syrup	2 oz			Marg	2 tsp	WG Tortillas	2ea	Syrup	2oz
Grape Juice*	8 oz	Cranberry Jce*	8 oz	Orange Juice*	8 oz	Grape Juice*	8 oz	Cranberry Juice*	8 oz	Apple Juice*	8 oz	Orange Juice*	8 oz
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
		Beef Taco				Caesar Salad w/		Chx Tortilla soup	8 oz	Zesty Mexican			
Salmon Patty	3 oz	Taco Meat w/	2 oz	Chicken Tapatio	3 oz	Diced Chicken	3 oz	W/Tortilla Chips	1oz	Chicken & Peppers	4 oz	Turkey Noodle	8 oz
Fresh Pico De Gallo	1 oz	Black Beans	1/2C	Tapatio Marinara	3oz	Lettuce Mix/spin	2 c	Bologna	3 oz	Red Beans	1/2 c	Casserole	
rice/beans	1/2C	Shred cheese	1 oz	Rice/Beans	1/2 c	Croutons/Parm	1 oz ea	Cheese	2ea	Corn	1 cup	Broccoli Blend	1 c
Mixed Veggies	1 cup	Shred lettuce	1 cup	Mixed Veggies	1 cup	Caesar Dressing	2 oz	Mustard/Mayo	1 ea				
Corn,carrots,Grbeans		Salsa/sour crm	1oz ea	Corn&Peppers		Dinner Roll/marg	1 ea	Baby Carrots**	1 cup	Coleslaw	1 cup		
WG Bread	2 sl	WG Tortillas	2ea.	WG Dinner roll/M	1 ea	Fresh Broccoli	1c	WG Hoagie Roll	1 ea	WG Tortillas	1 ea	WG Biscuit/Marg	1ea
Tropical Salad	1 cup	Apricot	1 cup	Fresh Banana	1ea	Fresh Apple	1ea	Fresh Orange*	1 ea	Peaches	1 cup	Apple	1 ea
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
Brd.Chicken Patty w/	3 oz	Chicken	6 oz	Breaded Fish Taco	3.6 oz	Broccoli Beef	4 oz	Chicken Patty	3 oz	Mexican Salisbury	3 oz	1.Ham Steak	3 oz
Marinara&Parmesan	1oz ea	Enchillada		Tater Tots	1 c					Steak	3 oz	Chipotle Chili Sauce	1 oz
Penne Pasta	1 c	Casserole		Fresh Pico De Gallo	1 oz	Rice	1C	Tapatio Marinara	3oz	Rice/Beans	1 c	Scalloped Potatoes	1 c
Key Largo Veg	1/2 c	Corn	1/2C	Peas & Carrots	1/2 c	Stir Fry Veg	1/2 c	Pot Triangles	3ea	Capri Veg Mix	1/2 c	Mix Veggies	1/2c
Green Salad	1 c	Green Salad	1 c	Shredded Lettuc	1/2 c	Green Salad	1 c	Peas &b Carrots	1/2C	Green Salad	1 c	Green Salad	1 c
Salad Dressing	1 oz	Salad Dressing	1 oz	Shredded Cheese	1oz	Salad Dressing	1 oz	Coleslaw	1/2 c	Salad Dressing	1 oz	Salad Dressing	1 oz
Bread/Marg	1 ea	WG Tortillas	2 ea	WG Tortillas	1 ea	Peaches	Peach	WG Tortillas	2 ea.	WG Tortillas	2 ea.	Dinner roll/Marg	1 ea
Pudding	1/2 c	Mandarins*	1/2 c	Pineapple	1/2 c	Apricot	1/2 c	Peaches	1/2 c	Cake	1ea	Tropical Salad	1/2 c
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz

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