

PIONEER FOOD SERVICE

TRRC, PFH

Federal Residential Reentry Centers

CYCLE 1

| 14-Jul | | 15-Jul | | 16-Jul | | 17-Jul | | 18-Jul | | 19-Jul | | 20-Jul | |
|------------------|--------|-----------------|--------|-----------------|--------|----------------|--------|-----------------|--------|------------------|--------|----------------|--------|
| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
| Rice Krispies | 1 c | Cheerios | 1 c | Oatmeal | 1 c | Bran Flakes | 1 c | Froot Loops | 1 c | Oatmeal | 1 c | Cornflakes | 1 c |
| Waffle | 2 ea | Frittata | 1/2C | Waffle | 2 ea | Scram. Eggs | 1/2C | Sausage Gravy | 1/2 c | Breakfast | 1/2C | French Toast | 2 sl |
| T. Sausage Links | 2oz | | | Bacon | 2oz | Hash Browns | 1/2C | Biscuits | 2 ea | Taco | | Tur.Saus Patty | 2 oz |
| Marg | 2 tsp | Wheat Toast | 2 sl | Marg | 2 tsp | Wheat Toast | 2 sl | | | Tortilla | 2 ea | Marg | 2 tsp |
| Syrup | 2 oz | Marg | 2 tsp | Syrup | 2 oz | Marg | 2 tsp | | | | | Syrup | 2oz |
| Cranberry Jce* | 6 oz | Orange Juice* | 6 oz | Apple Juice* | 6 oz | Cranberry Jce* | 6 oz | Orange Juice* | 6 oz | Apple Juice* | 6 oz | Cranberry Jce* | 6 oz |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |
| Bologna | 3 oz | Pastrami | 3 oz | Tuna Salad | 4 oz | Bologna | 3 oz | Turkey | 3 oz | Salami | 3 oz | Chicken Salad | 4 oz |
| Cheddar Cheese | .75 oz | Swiss Cheese | .75 oz | Cheese Stick | 1oz | Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz | Wrap | 1 ea |
| Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl |
| Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | | | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | | |
| Orange | 1 ea | Apple | 1 ea | Orange* | 1 ea | Apple | 1 ea | Banana | 1 ea | Orange* | 1 ea | Apple | 1 ea |
| Chips | 1.5 oz | Chips | 1.5 oz | Chips | 1.5 oz | Chips | 1.5 oz | Chips | 1.5 oz | Chips | 1.5 oz | Chips | 1.5 oz |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |
| Sloppy Joes | 4 oz | Grilled Chicken | 3 oz | Salisbury Steak | 3.2 oz | Chix teriyaki | 3 oz | Fried Steak | 4 oz | Chick Cacciatore | 4 oz | Breaded Fish | 4 oz |
| Pasta Salad | 1 c | Brown Rice | 1 c | Mashed Potatoes | 1 c | Rice | 1 c | W/Country Gravy | 3 oz | Penne Pasta | 1 c | Tater Tots | 1 c |
| Green Beans | 1/2 c | Zucchini | 1/2c | W/Brown Gravy | 3 oz | Stir Fry Veg | 1/2 c | Mashed Potatoes | 1 c | Green Beans | 1/2 c | W/Tartar sauce | 1 oz |
| Green Salad | 1c | Green Salad | 1 c | Carrots | 1/2C | Green Salad | 1 c | Broccoli Blend | 1/2 c | Green Salad | 1 c | Capri Veg Mix | 1/2 c |
| Salad Dressing | 1oz | Salad Dressing | 1 oz | Coleslaw | 1/2 c | Salad Dressing | 1 oz | Coleslaw | 1/2 c | Salad Dressing | 1 oz | Green Salad | 1 c |
| | | | | | | | | | | | | Salad Dressing | 1 oz |
| Ham Bun | 1 ea | Bread/Marg | 1 ea | Bread/Marg | 1ea | Bread/Marg | 1 ea | Bread/Marg | 1 ea | Bread Roll/Marg | 1ea | Bread/Marg | 1 ea |
| Pears | 1/2 c | Mixed Fruit | 1/2 c | Pineapple | 1/2C | Pears | 1ea | Apricot | 1/2C | Pudding | 1/2C | Peaches | 1/2 c |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.

Menu items contain no pork products (except bacon)- **turkey** ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

*Vitamin C rich source **Vitamin A rich source

Condiments = average of 1 tsp ea catsup/may/mustard

PIONEER FOOD SERVICE

TRRC, PFH

CYCLE 2

Federal Residential Reentry Centers

| 21-Jul | | 22-Jul | | 23-Jul | | 24-Jul | | 25-Jul | | 26-Jul | | 27-Jul | |
|-----------------|--------|----------------|--------|-----------------|--------|-------------------|--------|-----------------|--------|----------------|--------|-----------------|--------|
| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
| Cheerios | 1 c | Rice Krispies | 1 c | Frosted Flakes | 1 c | Raisin Bran | 1 c | Cornflakes | 1 c | Oatmeal | 1 c | Cheerios | 1 c |
| Scrambled Eggs | 1/2C | Belgian Waffle | 2 ea | Breakfast | 1/2C | Egg Patty | 1 ea | Cheese | 1ea | Pancakes | 2ea | Frittata | 1/2C |
| Hash Browns | 1/2C | | | Casserole | | Sausage Patty | 2 oz | Omelette | | Tur.Saus Patty | 2 oz | | |
| | | | | | | Cheese Slice | 1 ea | | | | | | |
| Wheat Toast | 2 sl | Syrup | 2 oz | Wheat Toast | 2 sl | English Muffin | 1 ea | Wheat Toast | 2 sl | Syrup | 2oz | Wheat Toast | 2 sl |
| Marg | 2 tsp | Marg | 2 tsp | Marg | 2 tsp | Marg | 2 tsp | Marg | 2 tsp | Marg | 2 tsp | Marg | 2 tsp |
| Apple Juice* | 6 oz | Grape Juice* | 6 oz | Cranberry Jce* | 6 oz | Orange Juice* | 6 oz | Apple Juice* | 6 oz | Cranberry Jce* | 6 oz | Grape Juice* | 6 oz |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |
| | | | | | | | | | | | | | |
| Turkey Ham | 3 oz | Bologna | 3 oz | Tuna Salad | 4oz | Turkey Pesto | 3 oz | Salami | 3 oz | Pastrami | 3 oz | BBQ Chicken Sal | 4 oz |
| Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz | Cheese Stick | 1oz | Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz | Swiss Cheese | .75 oz | Wrap | 1 ea |
| Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wrap | 1 ea | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Cheese Stick | 1oz |
| Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | | | Cheese Stick | 1 ea | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | | |
| Orange | 1 ea | Apple | 1 ea | Orange* | 1ea | Apple | 1 ea | Banana | 1 ea | Apple | 1 ea | Orange* | 1ea |
| Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |
| | | | | | | | | | | | | | |
| Beef Stroganoff | 4 oz | Creamy Chicken | 3 oz | T.Ham Steak | 3 oz | Meat Lasagna | 6 oz | Salisbury Steak | 4 oz | Cheeseburger | 3 oz | Brd Fish Square | 3.6 oz |
| | | Rice | 1C | Mashed Potatoes | 1 c | | | Mashed Potatoes | 1 c | Mayo/Mustard | 1 ea | W/Tartar Sauce | 1 oz |
| Pasta | 1 c | Broccoli Blend | 1/2 c | W/Gravy | 3 oz | Italian Veg Blend | 1/2 c | W/Brown Gravy | 3 oz | Tater tots | 1 C | Tater Tots | 1C |
| Scandiavian Veg | 1/2 c | | | Carrots | 1/2c | Green Salad | 1 c | Brussel Sprouts | 1/2 c | Corn | 1/2 C | Peas & Carrots | 1/2c |
| Green Salad | 1 c | Green Salad | 1 c | Coleslaw | 1/2 c | Salad Dressing | 1 oz | Coleslaw | 1/2 c | Green Salad | 1 c | Green Salad | 1 c |
| Salad Dressing | 1 oz | Salad Dressing | 1 oz | | | | | | | Salad Dressing | 1 oz | Salad Dressing | 1 oz |
| Bread/Marg | 1 ea | Bread/ Marg | 1 ea | Bread/ Marg | 1 ea | Bread/Marg | 1 ea | Bread/Marg | 1ea | Ham Bun | 1 ea | Hamb Bun | 1 ea |
| Pineapple | 1/2 c | Mandarins* | 1/2 c | Tropical Salad | 1/2 c | Pudding | 1/2 c | Cake | 1ea | Pears | 1/2 c | Tropical Salad | 1/2 c |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.
 menu items contain no pork products (except bacon)- **turkey** nam, bologna, salami, pastrami are used. Sausage is beer, chicken or turkey.

*Vitamin C rich source **Vitamin A rich source

PIONEER FOOD SERVICE

TRRC, PFH

Federal Residential Reentry Centers

CYCLE 3

| 28-Jul | | 29-Jul | | 30-Jul | | 31-Jul | | 1-Aug | | 2-Aug | | 3-Aug | |
|----------------|--------|--------------------|--------|----------------|--------|-----------------|--------|------------------|--------|-------------------|--------|-------------------|---------|
| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
| Froot Loops | 1 c | Rice Krispies | 1 c | Oatmeal | 1 c | Bran Flakes | 1 c | Frosted Flakes | 1 c | Cheerios | 1 c | Oatmeal | 1 c |
| Sausage Gravy | 1/2 c | French Toast | 2ea | Scrambled Eggs | 1/2C | Waffles | 2 ea | Frittata | 1/2C | Cheese | 1ea | French Toast | 2 sl |
| Biscuits | 2 ea | Bacon | 2 oz | Hash Browns | 1/2C | T.Sausage Patty | 2 oz | | | Omelette | | T. Sausage Links | 2 oz |
| | | Marg | 2 tsp | Wheat Toast | 2 sl | Marg | 2 tsp | Wheat Toast | 2 sl | Wheat Toast | 2 sl | Marg | 2 tsp |
| | | Syrup | 2 oz | Marg | 2 tsp | Syrup | 2 oz | Marg | 2 tsp | Marg | 2 tsp | Syrup | 2 oz |
| Orange Juice* | 6 oz | Cranberry Juice* | 6 oz | Orange Juice* | 6 oz | Apple Juice* | 6 oz | Cranberry Juice* | 6 oz | Apple Juice* | 6 oz | Grape Juice* | 6 oz |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |
| | | | | | | | | | | | | | |
| Bologna | 3 oz | Salami | 3 oz | Turkey Ham | 3 oz | Pastrami | 3 oz | Turkey | 3 oz | Bologna | 3 oz | Tuna Salad | 4 oz |
| Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz | Swiss Cheese | .75 oz | Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz | Cheese Stick | 1oz |
| Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl |
| Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea |
| Apple | 1 ea | Orange* | 1 ea | Apple | 1 ea | Orange* | 1 ea | Apple | 1 ea | Orange* | 1 ea | Apple | 1 ea |
| Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz |
| 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz |
| | | | | | | | | | | | | | |
| Sweet and | | Fried Steak | 4 oz | Creamy Chicken | 3 oz | Swedish Meatb | 3 oz | Beef Chili | 12 oz | Chicken Parmesan/ | 3 oz | Turkey Hot Dog | 4oz-2ea |
| Sour Chicken | 4 oz | W/Country Gravy | 3 oz | Penne Pasta | 1 c | in Contry Gravy | | Shred Cheese | 1/2 oz | Marinara&Parmesan | 1oza | W/Mustard/Mayc | 2 ea |
| Rice | 1 c | Scalloped Potatoes | 1 c | Italian Veg | 1/2c | Rice | 1 c | Cornbread/Marg | 1 ea | Penne Pasta | 1 c | Macaroni & Cheese | 1 c |
| Stir Fry Veg | 1/2 c | Zucchini | 1/2 c | | | Scandiavian Veg | 1/2 c | Mix Veg | 1/2 c | Brussel Spouts | 1/2 c | Country Mix ** | 1/2 c |
| Green Salad | 1 c | Coleslaw | 1/2 c | Green Salad | 1 c | Coleslaw | 1/2 c | | | Green Salad | 1 c | Green Salad | 1 c |
| Salad Dressing | 1 oz | | | Salad Dressing | 1 oz | | | Green Salad | 1 c | Salad Dressing | 1 oz | Salad Dressing | 1 oz |
| Bread/Marg | 1ea | Bread/Marg | 1ea | Bread/Marg | 1 ea | Bread/Marg | 1ea | Salad Dressing | 1 oz | Bread/Marg | 1 ea | Hot Dog Buns | 2 ea |
| Pudding | 1/2 c | Mandarins* | 1/2 c | Pineapple | 1/2 c | Apricot | 1/2C | Peaches | 1/2 c | Pears | 1/2 c | Mixed Fruit | 1/2 c |
| 2% Milk | 1 c | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |

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 menu items contain no pork products (except bacon)- **turkey** nam, bologna, salami, pastrami are used. Sausage is beer, cnicken or turkey.

*Vitamin C rich source **Vitamin A rich source
 Condiments = average of 1 tsp ea catsup/may/mustard

PIONEER FOOD SERVICE

TRRC, PFH

Federal Residential Reentry Centers

| CYCLE 4 | | | | | | | | | | | | | |
|-----------------|--------|-----------------|---------|-----------------|--------|-----------------|--------|----------------------|--------|----------------|--------|-----------------|--------|
| 4-Aug | | 5-Aug | | 6-Aug | | 7-Aug | | 8-Aug | | 9-Aug | | 10-Aug | |
| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
| Rice Krispies | 1 c | Crispix | 1 c | Frosted Flakes | 1 c | Toasted Os | 1 c | Oatmeal | 1 c | Cornflakes | 1 c | Rice Krispies | 1 c |
| | | Scrambled Eggs | 1/2C | Waffles | 2 ea | Cheese | 1ea | Egg Patty | 1 ea | Pancakes | 2 sl | Frittata | 1/2C |
| Sausage Gravy | 1/2 c | Hash Browns | 1/2C | T.Sausage Patty | 1ea | Omelette | | Sausage Patty | 1 ea | Bacon | 2ea | | |
| Biscuits | 2 ea | | | | | | | Cheese Slice | 1 ea | | | | |
| | | Wheat Toast | 2 sl | Marg | 2 tsp | Wheat Toast | 2 sl | English Muffin | 1 ea | Syrup | 2 oz | Wheat Toast | 2 sl |
| | | Marg | 2 tsp | Syrup | 2 oz | Marg | 2 tsp | Marg | 2 tsp | Marg | 2 tsp | Marg | 2 tsp |
| Cranberry Jce* | 6 oz | Grape Juice* | 6 oz | Apple Juice* | 6 oz | Grape Juice* | 6 oz | Cranberry Jce* | 6 oz | Orange Juice* | 6 oz | Apple Juice* | 6 oz |
| 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz |
| | | | | | | | | | | | | | |
| Salami | 3 oz | Turkey Ham | 3 oz | BBQ Chicken | 4 oz | Bologna | 3 oz | Pastrami | 3 oz | T.Ham | 3 oz | Turkey | 3 oz |
| Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz | Salad Wrap | 1 ea | Cheddar Cheese | .75 oz | Swiss Cheese | .75 oz | Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz |
| Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Cheese Stick | 1oz | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl |
| Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | | | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea |
| Orange* | 1 ea | Apple | 1 ea | Orange* | 1 ea | Apple | 1 ea | Orange* | 1 ea | Banana | 1 ea | Orange* | 1 ea |
| Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz |
| 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz |
| | | | | | | | | | | | | | |
| Brd Fish Square | 4 oz | Grilled Chicken | 3 oz | Beef Stew | 12 oz | Fried Steak | 4 oz | Br.Chicken Patty | 3 oz | Shepherd's Pie | 6 oz | T.Ham Steak | 3 oz |
| W/Tartar Sauce | 1 oz | Penne Pasta | 1 c | W/Potatoe and | | W/Country Gravy | 3 oz | Rice | 1 c | | | w/Country Gravy | 3oz |
| Tater Tots | 1C | Broccoli Blend | 1/2 c | Veg. in Stew | | Tater Tots | 1 c | W/Chix Gravy | 3 oz | | | Mashed Potato | 1 c |
| Peas & Carrots | 1/2c | | | | | Green Beans | 1/2c | California Veg Blend | 1/2 c | Capri Veg Mix | 1/2 c | Baby Carrots** | 1/2C |
| Green Salad | 1 c | Green Salad | 1 c | Green Salad | 1 c | Coleslaw | 1/2 c | Green Salad | 1 c | Coleslaw | 1/2 c | Green Salad | 1 c |
| Salad Dressing | 1 oz | Salad Dressing | 1 oz | Salad Dressing | 1 oz | | | Salad Dressing | 1 oz | | | Salad Dressing | 1 oz |
| Bread/Marg | 1 ea | Bread/Marg | 1/1 tsp | Biscuit/Marg | 1 ea | Bread/Marg | 1 ea | Bread/Marg | 1 ea | Bread/Marg | 1 ea | Bread/Marg | 1 ea |
| Peaches | 1/2 c | Tropical Salad | 1/2 c | Pudding | 1/2 c | Cake | 1ea | Pineapple | 1/2 c | Apricot | 1/2 c | Peaches | 1/2 c |
| 2% MILK | 2 c | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz |

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.

Menu items contain no pork products (except bacon)- **turkey** ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

*Vitamin C rich source **Vitamin A rich source

PIONEER FOOD SERVICE

TRRC, PFH

Federal Residential Reentry Centers

| CYCLE 5 | | | | | | | | | | | | | |
|----------------|--------|-----------------|---------|------------------|--------|----------------|--------|------------------|---------|-----------------|--------|--------------------|--------|
| 11-Aug | | 12-Aug | | 13-Aug | | 14-Aug | | 15-Aug | | 16-Aug | | 17-Aug | |
| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
| Toasted Os | 1 c | Oatmeal | 1 c | Cornflakes | 1 c | Oatmeal | 1 c | Rice Krispies | 1 c | Froot Loops | 1 c | Cornflakes | 1 c |
| French Toast | 2 ea | Scram. Eggs | 1/2C | Waffle | 2 ea | Egg Patty | 1 ea | Cheese | 1ea | Scram. Eggs | 1/2C | French Toast | 2 ea |
| | | Tater Triangles | 2 ea | T. Sausage Links | 2 oz | Sausage Patty | 1 ea | Omelette | | Hash Browns | 1/2C | Tur.Saus Patty | 2 oz |
| | | | | | | Cheese Slice | 1 ea | | | | | | |
| Marg | 2 tsp | Wheat Toast | 2 sl | Marg | 2 tsp | English Muffin | 1 ea | Wheat Toast | 2 sl | Wheat Toast | 2 sl | Marg | 2 tsp |
| Syrup | 2 oz | Marg | 2 tsp | Syrup | 2 oz | Marg | 2 tsp | Marg | 2 tsp | Marg | 2 tsp | Syrup | 2oz |
| Grape Juice* | 1/2 c | Cranberry Jce* | 6 oz | Orange Juice* | 6 oz | Grape Juice* | 6 oz | Cranberry Juice* | 6 oz | Apple Juice* | 6 oz | Orange Juice* | 6 oz |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |
| | | | | | | | | | | | | | |
| Tuna Salad | 4 oz | Salami | 3 oz | Chicken Salad | 4 oz | Bologna | 3 oz | Turkey Ham | 3 oz | Turkey | 3 oz | Salami | 3 oz |
| Wrap | 1 ea | Cheddar Cheese | .75 oz | Cheese Stick | 1oz | Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz | Cheddar Cheese | .75 oz |
| Cheese Stick | 1oz | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl | Wh Grain Bread | 2 sl |
| | | Mayo/Mustard | 1pk ea | | | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea | Mayo/Mustard | 1pk ea |
| Apple | 1 ea | Orange* | 1 ea | Apple | 1 ea | Orange | 1 ea | Banana | 1 ea | Orange* | 1 ea | Apple | 1 ea |
| Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz | Potato Chips | 1.5 oz |
| 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz |
| | | | | | | | | | | | | | |
| Chicken Parm | 3 oz | Chicken Stew | 12 oz | Brd Fish Square | 3.6oz | Broccoli Beef | 4 oz | Chicken Patty w/ | 3 oz | Salisbury Steak | 3.2 oz | T.Ham Steak | 3 oz |
| Marinara&Parm | 1oza | W/Potatoe and | | W/Tartar Sauce | 1 oz | Rice | 1C | Gravy | 3oz | W/Brown Gravy | 3 oz | W/Gravy | 3 oz |
| Penne Pasta | 1 c | Veg. in Stew | | Tater Tots | 1C | Stir Fry Veg | 1/2 c | Mashed Potatoes | 1 c | Rice | 1 c | Scalloped Potatoes | 1 c |
| Zucchini | 1/2 c | | | Peas | 1/2 c | | | Peas & Carrots | 1/2C | Capri Veg Mix | 1/2 c | Mix Veggies | 1/2c |
| Green Salad | 1 c | Green Salad | 1 c | Coleslaw | 1/2 c | Green Salad | 1 c | Coleslaw | 1/2 c | Green Salad | 1 c | Green Salad | 1 c |
| Salad Dressing | 1 oz | Salad Dressing | 1 oz | | | Salad Dressing | 1 oz | | 1/1 tsp | Salad Dressing | 1 oz | Salad Dressing | 1 oz |
| Bread/Marg | 1 ea | Biscuit/Marg | 1/1 tsp | Hamb Bun | 1 ea | Bread/Marg | 1 ea | Bread/Marg | 1/1 tsp | Bread/Marg | 1 ea | Bread/Marg | 1 ea |
| Pudding | 1/2 c | Mandarins* | 1/2 c | Pineapple | 1/2 c | Apricot | 1/2 c | Peaches | 1/2 c | Cake | 1ea | Tropical Salad | 1/2 c |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.

Menu items contain no pork products (except bacon)- **turkey** ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

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