

PIONEER FOOD SERVICE

TRRC, PFH

RESIDENTIAL REENTRY CENTERS

CYCLE 1

18-Nov SUNDAY		19-Nov MONDAY		20-Nov TUESDAY		21-Nov WEDNESDAY		22-Nov THURSDAY		23-Nov FRIDAY		24-Nov SATURDAY	
Rice Krispies	1 c	Cheerios	1 c	Oatmeal	1 c	Bran Flakes	1 c	Froot Loops	1 c	Oatmeal	1 c	Cornflakes	1 c
Pancakes	2 ea	Frittata	1/2C	Waffle	2 ea	Scram. Eggs	1/2C	Sausage Gravy	1/2 c	Breakfast	1/2C	French Toast	2 sl
T. Sausage links	2oz			Bacon	2oz	Hash Browns	1/2C	Biscuits	2 ea	Taco		Tur.Saus Patty	1.6oz
Marg	2 tsp	Wheat Toast	2 sl	Marg	2 tsp	Wheat Toast	2 sl			Tortilla	2 ea	Marg	2 tsp
Syrup	2 oz	Marg	2 tsp	Syrup	2 oz	Marg	2 tsp					Syrup	2oz
Cranberry Jce*	6 oz	Orange Juice*	6 oz	Apple Juice*	6 oz	Cranberry Jce*	6 oz	Orange Juice*	6 oz	Apple Juice*	6 oz	Cranberry Jce*	6 oz
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Bologna	3 oz	Pastrami	3 oz	Tuna Salad	1/2C	Roast Beef	3 oz	Turkey	3 oz	Salami	3 oz	Chicken Salad	1/2C
Cheddar Cheese	.75 oz	Swiss Cheese	.75 oz	Cheese Stick	1oz	Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz	Wrap	1 ea
Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Cheese Stick	1oz
Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea			Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea		
Orange	1 ea	Apple	1 ea	Orange*	1 ea	Apple	1 ea	Banana	1 ea	Orange*	1 ea	Apple	1 ea
Chips	1.5 oz	Chips	1.5 oz	Chips	1.5 oz	Chips	1.5 oz	Chips	1.5 oz	Chips	1.5 oz	Chips	1.5 oz
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Salmon Patty	1 ea	Grilled Chicken	3oz	Salisbury Steak	3.2oz	Chix teriyaki	1ea	Roast Turkey	6 oz	Chick Cacciatore	1/2C	Breaded Fish	4oz
Rice Pilaf	1 c	Brown Rice	1 c	Mashed Potatoes	1 c	Rice	1 c	Mashed Potatoes	1/2 c	Penne Pasta	1 c	Tater Tots	1 c
Corn	1/2 c	Zucchini	1/2c	W/Brown Gravy	3 oz	Oriental Mix Veg	1/2 c	Stuffing	1/2 c	Italian Veg mix*	1/2 c	W/Tartar sauce	1 oz
Tartar Sauce	1 oz	Green Salad	1 c	Green Beans	1/2C	Green Salad	1 c	Gravy	3 oz	Green Salad	1 c	Country trio bland	1/2 c
Coleslaw	1/2 c	Ranch Dressing	1 oz	Coleslaw	1/2 c	Ranch Dressing	1 oz	Grn Bean Cass	1/2 c	Ranch Dressing	1 oz	Coleslaw	1/2 c
Ham Bun	1 ea	Bread/ Marg	1 ea	Bread/marg	1ea	Bread/marg	1 ea	Green Salad/Dr	1 c	Bread Roll/marg	1ea	Bread/marg	1 ea
Pears	1/2 c	Mixed Fruit	1/2 c	Pineapple	1/2C	Pears	1ea	Pumpkin Pie	1 ea	Puddig	1/2C	Peaches	1/2 c
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	Cran sauce/D rol	3 oz	2% Milk	8 oz	2% Milk	8 oz

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.

Menu items contain no pork products (except bacon)- **turkey** ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

*Vitamin C rich source **Vitamin A rich source

Condiments = average of 1 tsp ea catsup/may/mustard

Nutritious snacks are to be kept on hand at all times.

PIONEER FOOD SERVICE

TRRC, PFH

CYCLE 2

RESIDENTIAL REENTRY CENTERS

25-Nov SUNDAY		26-Nov MONDAY		27-Nov TUESDAY		28-Nov WEDNESDAY		29-Nov THURSDAY		30-Nov FRIDAY		1-Dec SATURDAY	
Cheerios	1 c	Rice Krispies	1 c	Frosted Flakes	1 c	Raisin Bran	1 c	Cornflakes	1 c	Oatmeal	1 c	Cheerios	1 c
Scrambled Eggs	1/2C	Belgian Waffle	2 ea	Breakfast	1/2C	French toast	2 sl	Cheese	1ea	Pancakes	2ea	Frittata	1/2C
Hash Browns	1/2C			Casserole		Sausage link	2oz	Omelette		Tur.Saus Patty	1.6		
Wheat Toast	2 sl	Syrup	2 oz	Wheat Toast	2 sl	Syrup	2 oz	Wheat Toast	2 sl	Syrup	2oz	Wheat Toast	2 sl
Marg	2 tsp	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp
Apple Juice*	6 oz	Grape Juice*	6 oz	Cranberry Jce*	6 oz	Orange Juice*	6 oz	Apple Juice*	6 oz	Cranberry Jce*	6 oz	Apple Juice*	6 oz
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Turkey Ham	3 oz	Bologna	3 oz	Tuna Salad	1/2C	Turkey	3 oz	Salami	3 oz	Pastrami	3 oz	BBQ Chicken Sal	1/2C
Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz	Cheese Stick	1oz	Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz	Swiss Cheese	.75 oz	salad Wrap	1 ea
Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Cheese Stick	1oz
Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea			Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea		
Orange	1 ea	Apple	1 ea	Orange*	1ea	Apple	1 ea	Banana	1 ea	Apple	1 ea	Orange*	1ea
Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Swedish Meatb	3 oz	Creamy Chicken	3oz	T.Ham Steak	3oz	Meat Lasagna	1ea	Salisbury Steak	4oz	Grilled Chicken	3oz	Brd Fish squere	3.6oz
W/ Country gravy		Rice	1C	Mashed Potatoes	1 c			Mashed Potatoes	1 c	Brown Rice	1 c	W/Tartar Sauce	1 oz
Pasta	1 c	Broccoli	1/2 c	W/Gravy	3 oz	Italian veg blend	1/2 c	W/Brown Gravy	3 oz	Mix Veggies**	1/2C	Tater Tots	1C
Scandiavian Veg	1/2 c			California veg bland	1/2c	Green Salad	1 c	Spinach**	1/2 c			Peas & Onion	1/2c
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Ranch Dressing	1 oz	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c
Ranch Dressing	1 oz	Ranch Dressing	1 oz	Ranch Dressing	1 oz					Ranch Dressing	1 oz		
Bread/marg	1 ea	Bread/ Marg	1 ea	Bread/ Marg	1 ea	Bread/marg	1 ea	Bread/marg	1ea	Bread/ Marg	1 ea	Hamb Bun	1 ea
Pineapple	1/2 c	Mandarins*	1/2 c	Tropical Salad	1/2 c	Pudding	1/2 c	Cake	1ea	Pears	1/2 c	Tropical Salad	1/2 c
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.

Menu items contain no pork products (except bacon)- **turkey** ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

*Vitamin C rich source **Vitamin A rich source

PIONEER FOOD SERVICE

TRRC, PFH

RESIDENTIAL REENTRY CENTERS

CYCLE 3

2-Dec		3-Dec		4-Dec		5-Dec		6-Dec		7-Dec		8-Dec	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Froot Loops	1 c	Rice Krispies	1 c	Oatmeal	1 c	Bran Flakes	1 c	Frosted Flakes	1 c	Cheerios	1 c	Oatmeal	1 c
Sausage Gravy	1/2 c	Pancakes	2ea	Scrambled Eggs	1/2C	Waffles	2 ea	Frittata	1/2C	Cheese	1ea	French Toast	2 sl
Biscuits	2 ea	Bacon	2oz	Hash Browns	1/2C	T.Sausage Patty	1.6oz			Omelette		T. Sausage links	2oz
		Marg	2 tsp	Wheat Toast	2 sl	Marg	2 tsp	Wheat Toast	2 sl	Wheat Toast	2 sl	Marg	2 tsp
		Syrup	2 oz	Marg	2 tsp	Syrup	2 oz	Marg	2 tsp	Marg	2 tsp	Syrup	2 oz
Orange Juice*	6 oz	Apple Juice*	6 oz	Orange Juice*	6 oz	Apple Juice*	6 oz	Cranberry Juice*	6 oz	Apple Juice*	6 oz	Grape Juice*	6 oz
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Bologna	3 oz	Salami	3oz	Turkey Ham	3 oz	Pastrami	3 oz	Turkey	3 oz	Bologna	3 oz	Tuna Salad	1/2C
Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz	Swiss Cheese	.75 oz	Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz	Cheese Stick	1oz
Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl
Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea		
Apple	1 ea	Orange*	1 ea	Apple	1 ea	Orange*	1 ea	Apple	1 ea	Orange*	1 ea	Apple	1 ea
Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Sweet and		Fried Steak	4oz	Creamy Chicken	3oz	Swedish Meatb	3 oz	Beef Chili	1.5C	Chicken Parmesan/	3oz	Turkey Hot Dog	4oz
Sour Chicken	1/2C	W/Country Gravy	3 oz	Penne Pasta	1 c	in Contry Gravy		Shred Cheese	1/2 oz	Marinara&Parmesan	1oza	W/Mustard/Mayc	2 ea
Rice	1 c	Scalloped Potatoes	1 c	Broccoli	1/2c	Rice	1 c	Cornbread/ Marg	1 ea	Penne Pasta	1 c	Macaroni & Cheese	1 c
Oriental Mix Veg	1/2 c	Zucchini	1/2 c			Scandiavian Veg	1/2 c	Capri veg blend	1/2 c	Spinach**	1/2 c	Country Mix **	1/2 c
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c			Green Salad	1 c	Coleslaw	1/2 c
Ranch Dressing	1 oz	Ranch Dressing	1 oz	Ranch Dressing	1 oz			Green Salad	1 c	Ranch Dressing	1 oz		
Bread/ Marg	1ea	Bread/ Marg	1ea	Bread/mar	1 ea	Bread/marg	1ea	Ranch Dressing	1 oz	Bread/marg	1 ea	Hot dog buns	2 ea
Pudding	1/2 c	Mandarins*	1/2 c	Pineapple	1/2 c	Apricot	1/2C	Peaches	1/2 c	Pears	1/2 c	Mixed Fruit	1/2 c
2% Milk	1 c	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.

Menu items contain no pork products (except bacon)- **turkey** ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

*Vitamin C rich source **Vitamin A rich source

Condiments = average of 1 tsp ea catsup/may/mustard

Nutritious snacks are to be kept on hand at all times.

PIONEER FOOD SERVICE

TRRC, PFH

RESIDENTIAL REENTRY CENTERS

		CYCLE 4											
9-Dec		10-Dec		11-Dec		12-Dec		13-Dec		14-Dec		15-Dec	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Rice Krispies	1 c	Crispix	1 c	Frosted Flakes	1 c	Toasted Os	1 c	Oatmeal	1 c	Cornflakes	1 c	Rice Krispies	1 c
		Scrambled Eggs	1/2C	Pancakes	2 ea	Cheese	1ea	Scrambled Eggs	1/2C	French toast	2 sl	Frittata	1/2C
Sausage Gravy	1/2 c	Hash Browns	1/2C	T.sausage patty	1.6oz	Omelette		Tater Triangles	2 ea	Bacon	2oz		
Biscuits	2 ea												
		Wheat Toast	2 sl	Marg	2 tsp	Wheat Toast	2 sl	Wheat Toast	2 sl	Syrup	2 oz	Wheat Toast	2 sl
		Marg	2 tsp	Syrup	2 oz	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp
Cranberry Jce*	6 oz	Orange Juice*	6 oz	Apple Juice*	6 oz	Grape Juice*	6 oz	Cranberry Jce*	6 oz	Orange Juice*	6 oz	Apple Juice*	6 oz
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Salami	3oz	Turkey Ham	3 oz	BBQ Chicken	1/2C	Bologna	3 oz	Pastrami	3 oz	T.Ham	3oz	Turkey	3 oz
Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz	salad Wrap	1 ea	Cheddar Cheese	.75 oz	Swiss Cheese	.75 oz	Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz
Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Cheese Stick	1oz	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl
Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea			Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea
Orange*	1 ea	Apple	1 ea	Orange*	1 ea	Apple	1 ea	Orange*	1 ea	Banana	1 ea	Orange*	1 ea
Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Brd Fish	4oz	Grilled Chicken	3oz	Beef Stew	1.5 C	Fried Steak	4oz	Br.Chicken Patty	3oz	Swedish Meatb	3oz	T.Ham Steak	3 oz
W/Tartar Sauce	1 oz	Penne Pasta	1 c	W/Potatoe and		W/Country Gravy	3 oz	Rice	1 c	in Contry Gravy	in Cont	w/ Contry Gravy	3oz
Tater Tots	1C	Broccoli	1/2 c	Veg.in stew		Tater Tots	1 c	W/Chix Gravy	3 oz	Scalloped Potatoes	1 c	Mashed Potato	1 c
Peas & Onion	1/2c					Green Beans	1/2c	California veg bland	1/2 c	Scandiavian Veg	1/2 c	Baby Carrots**	1/2C
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c
Ranch Dressing	1 oz	Ranch Dressing	1 oz	Ranch Dressing	1 oz			Ranch Dressing	1 oz			Ranch Dressing	1 oz
Bread/Marg	1 ea	Bread/ Marg	1/1 tsp	Biscuit/Marg	1 ea	Bread/ Marg	1 ea	Bread/ Marg	1 ea	Bread/marg	1 ea	Bread/marg	1 ea
Peaches	1/2 c	Tropical Salad	1/2 c	Pudding	1/2 c	Cake	1ea	Pineapple	1/2 c	Apricot	1/2 c	Peaches	1/2 c
2% Milk	2 c	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.

Menu items contain no pork products (except bacon)- **turkey** ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

*Vitamin C rich source **Vitamin A rich source

PIONEER FOOD SERVICE

TRRC, PFH

RESIDENTIAL REENTRY CENTERS

CYCLE 5													
16-Dec		17-Dec		18-Dec		19-Dec		20-Dec		21-Dec		22-Dec	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Toasted Os	1 c	Oatmeal	1 c	Cornflakes	1 c	Oatmeal	1 c	Rice Krispies	1 c	Froot Loops	1 c	Cornflakes	1 c
Pancakes	2 ea	Scram. Eggs	1/2C	Waffle	2 ea	Fittata	1/2C	Cheese	1ea	Scram. Eggs	1/2C	French Toast	2 ea
		Tater Triangles	2 ea	T. Sausage links	2oz			Omelette		Hash Browns	1/2C	Tur.Saus Patty	1.6oz
Marg	2 tsp	Wheat Toast	2 sl	Marg	2 tsp	Wheat Toast	2 sl	Wheat Toast	2 sl	Wheat Toast	2 sl	Marg	2 tsp
Syrup	2 oz	Marg	2 tsp	Syrup	2 oz	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp	Syrup	2oz
Grape Juice*	1/2 c	Cranberry Jce*	6 oz	Orange Juice*	6 oz	Apple Juice*	6 oz	Orange Juice*	6 oz	Apple Juice*	6 oz	Orange Juice*	6 oz
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Tuna Salad	1/2 c	Salami	3oz	Chicken Salad	1/2 c	Bologna	3 oz	Roast Beef	3oz	Turkey	3 oz	Salami	3oz
Wrap	1 ea	Cheddar Cheese	.75 oz	Cheese Stick	1oz	Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz	Cheddar Cheese	.75 oz
Cheese Stick	1oz	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl	Wh Grain Bread	2 sl
		Mayo/Mustard	1pk ea			Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea	Mayo/Mustard	1pk ea
Apple	1 ea	Orange*	1 ea	Apple	1 ea	Orange	1 ea	Banana	1 ea	Orange*	1 ea	Apple	1 ea
Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz	Potato Chips	1.5 oz
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Chicken Parmesa	3oz	Chicken Stew	1.5c	Brd Fish squere	3.6oz	Chunky Beef Chili	1.5c	Chicken Patty w/	3oz	Salisbury Steak	3.2oz	T.Ham Steak	3oz
Marinara&Parme	1oz ea	W/Potatoe and		W/Tartar Sauce	1 oz	W/Shred Chees	1/2 oz	Gravy	3oz	W/Brown Gravy	3 oz	W/Gravy	3 oz
Penne Pasta	1 c	Veg.in stew		Tater Tots	1C	Mix Veggies	1/2 c	Mashed Potatoes	1 c	Rice	1 c	Scalloped Potatoes	1 c
Zucchini	1/2 c			Princ Edward veg mix				Peas	1/2C	Country trio bland	1/2 c	Mix Veggies	1/2c
Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c	Green Salad	1 c
Ranch Dressing	1 oz	Ranch Dressing	1 oz			Ranch Dressing	1 oz		1/1 tsp	Ranch Dressing	1 oz	Ranch Dressing	1 oz
Bread/Marg	1 ea	Biscuit/Marg	1/1 ts	Hamb Bun	1 ea	Cornbread/marg	1 ea	Bread/ Marg	1/1 tsp	Bread/marg	1 ea	Bread/marg	1 ea
Pudding	1/2 c	Mandarins*	1/2 c	Pineapple	1/2 c	Apricot	1/2 c	Peaches	1/2 c	Cake	1ea	Tropical Salad	1/2 c
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.													
Menu items contain no pork products (except bacon)- turkey ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.													
*Vitamin C rich source **Vitamin A rich source													