

## RECOVERY INNOVATIONS

DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

CYCLE1

### PIONEER FOOD SERVICE

16-May		17-May		18-May		19-May		20-May		21-May		22-May	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
										Lentil Soup	1c		
T.Ham	2 oz	Meat Loaf W/	1ea	Chicken Sausage	1ea	Chili con carne	1.5 c	Chicken Alfredo	1C	W/ Saltines	2 pk	Hamb Patty	1ea
Cheese	2 sl	Swiss Cheese	2ea	in Marinara		Shredded cheese	1 oz	Casserole		Bologna	2 oz	W/Cheese,	1 ea
Mustard/Mayo	1 ea	Mustard/Mayo	1 ea	Pasta Salad	1/2 c					Cheese	2sl	Mayo/Must	1 ea
Potato Chips	1oz	Green Salad	1 c	Riviera Veg Mix	1/2C	Country Trio Veg	1/2c	Brussel Sprouts	1/2 c	Mayo/Mustard	1pk ea	Macaroni &	1/2 c
		Ranch Dressing	1 oz							Baby Carrot**	1/2C	Cheese	
Bread	2 sl	Bread	2 sl	Hoagie Roll	1 ea	Cornbread/marg	1 ea	Bread Roll/marg	1ea	Wheat Bread	2 sl	Hamb Bun	1 ea
Mandarins*	1/2 c	Fresh Apple	1ea	Fresh Orange*	1ea	Tropical Mix	1/2c	Fresh Banana	1 ea	Fresh Orange*	1ea	Mixed Fruit	1/2 c
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Sloppy Joes	4oz	Grilled Chicken	3oz	Salisbury Steak	3.2oz	Chix teriyaki	3oz	Fried Steak	4oz	Chick Cacciatore	4oz	Breaded Fish	3.6oz
Pasta Salad	1 c	Brown Rice	1 c	Mashed Potatoes	1 c	Rice	1 c	W/Country Gravy	3 oz	Penne Pasta	1 c	Tater Tots	1 c
Green Beans	1/2 c	Zucchini	1/2c	W/Brown Gravy	3 oz	Stir Fry Veg	1/2 c	Mashed Potatoes	1 c	Green Beans	1/2 c	W/Tartar sauce	1 oz
Green Salad	1c	Green Salad	1 c	Green Beans	1/2C	Green Salad	1 c	Broccoli Blend	1/2 c	Green Salad	1 c	Capri Veg Mix	1/2 c
Salad Dressing	1oz	Salad Dressing	1 oz	Coleslaw	1/2 c	Salad Dressing	1 oz	Coleslaw	1/2 c	Salad Dressing	1 oz	Coleslaw	1/2 c
Ham Bun	1 ea	Bread/ Marg	1 ea	Bread/marg	1ea	Bread/marg	1 ea	Bread/mar	1 ea	Bread Roll/marg	1ea	Bread/marg	1 ea
Pears	1/2 c	Mixed Fruit	1/2 c	Pineapple	1/2C	Pears	1ea	Apricot	1/2C	Pudding	1/2C	Peaches	1/2 c
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.

Menu items contain no pork products; turkey ham, bologna, salami and sausage are used.

\*Vitamin C rich source \*\*Vitamin A rich source Condiments are an average of 1 tsp ea catsup/mustard/mayo

Nutritious snacks are to be kept on hand at all times and include items such as fruit, cheese, peanut butter, bread, and crackers.

## RECOVERY INNOVATIONS

DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

CYCLE2

### PIONEER FOOD SERVICE

23-May SUNDAY		24-May MONDAY		25-May TUESDAY		26-May WEDNESDAY		27-May THURSDAY		28-May FRIDAY		29-May SATURDAY	
		Beef Taco						Chef's Salad				Soup of the day 1C	
T.Salami	2oz	Taco Meat w/		Turkey Hot Dog	1 ea	Bn&Cheez Burrito	2 ea	T.Ham&Shrd Chz	1oz ea	Sloppy Joes	1/2 c	Bologna	2oz
Cheese	2sl	Black Beans	1/2C	W/Mustard/Mayo	1 ea	Spanish Rice	1/2 c	Hard boiled egg	1 ea	Potato Salad	1/2 c	W/Cheese	2sl
Mayo/Mustard	1pk ea	Shred cheese	1 oz	Macaroni &		W/Salsa	1oz	Lettuce mix	2 c	Baby carrot**	1/2 c	Mayo/Mustard	
Potato Chips	1oz	Shred lettuce	1/2 c	Cheese	1/2C	Green Beans	1/2 c	Tomatoes	2 wdg			Potato Chips	1oz
		Salsa/sour crm	1oz ea	Coleslaw	1/2 c			Salad Dressing	2 oz			Bread	2ea
Wheat Bread	2 sl	Tortilla	2 ea	Hot dog buns	1 ea			Dinner Roll/mar	1 ea	Hamb Bun	1ea		
Fresh Orange*	1 ea	Fresh Apple	1 ea	Pears	1/2 c	Apricot	1/2 c	Mixed Fruit	1/2 c	Mandarins*	1/2 c	Fresh Apple	1ea
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Beef Stroganoff	4oz	Creamy Chicken	3oz	T.Ham Steak	3oz	Meat Lasagna	1ea	Salisbury Steak	3.2oz	Cheeseburger	3oz	Brd Fish square	3.6oz
		Rice	1C	Mashed Potatoes	1 c			Mashed Potatoes	1 c	Mayo/mustard	1 ea	W/Tartar Sauce	1 oz
Pasta	1 c	Broccoli Blend	1/2 c	W/Gravy	3 oz	Capri Veg Mix	1/2 c	W/Brown Gravy	3 oz	Tater tots	1 C	Tater Tots	1C
Scandiavian Veg	1/2 c			Carrots	1/2c	Green Salad	1 c	Brussel Sprouts	1/2 c	Corn	1/2 C	Peas & Carrots	1/2c
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Salad Dressing	1 oz	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c
Salad Dressing	1 oz	Salad Dressing	1 oz	Salad Dressing	1 oz					Salad Dressing	1 oz		
Bread/marg	1 ea	Bread/ Marg	1 ea	Bread/ Marg	1 ea	Bread/marg	1 ea	Bread/marg	1ea	Ham Bun	1 ea	Bread/Marg	1 ea
Pineapple	1/2 c	Mandarins*	1/2 c	Tropical Salad	1/2 c	Pudding	1/2 c	Cake	1ea	Pears	1/2 c	Tropical Salad	1/2 c
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
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Menu items contain no pork products; turkey ham, bologna, salami and sausage are used.													
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## RECOVERY INNOVATIONS

DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

CYCLE3

### PIONEER FOOD SERVICE

30-May SUNDAY		31-May MONDAY		1-Jun TUESDAY		2-Jun WEDNESDAY		3-Jun THURSDAY		4-Jun FRIDAY		5-Jun SATURDAY	
						Chop Chop Salad				Beef Tostada			
Meat Loaf Sand	1ea	Pastrami	2oz	Beef Tator Tot	1C	Chicken, ham	1oz ea	BBQ Chicken	1/2C	Taco Meat W/		Chix teriyaki	1ea
w/Cheese	2ea	Swiss Cheese	2ea	Casserole		Hard-boiled egg	1 ea	Tater Tots	1/2 c	Black Beans	1/2C	Rice	1/2 c
Mustard/Mayo	1 ea	Wh Grain Bread	2 sl	Riviera Veg Mix	1/2C	Tomatoes	2 wdg	Corn and Peppers	1/2C	Shred cheese	1 oz	Venetian Mix Veg	1/2 c
California veg blend	1/2 c	Mayo/Mustard	1pk ea			Shred Carrot	1/4C			Salsa/sour crm	1oz ea		
		Baby carrot**	1/2 c			Salad Mix/dres	2c/2z	Coleslaw	1/2 c	Shred lettuce	1 c		
Bread	2ea			Bread Roll/Marg	1ea	Bread/ Marg	1/1 tsp	Hamb Bun	1 ea	Tostada Bowl	1ea	Bread/ Marg	1/1 tsp
Mixed Fruit	1/2 c	Fresh Apple	1ea	Pear	1/2 c	Fresh Orange*	1ea	Tropical Mix	1/2 c	Pineapple	1 ea	Mandarins*	1ea
2% MILK	8 oz	2% MILK	8 oz	2% MILK	8 oz	2% MILK	8 oz	2% MILK	8 oz	2% MILK	8 oz	2% MILK	8 oz
Sweet and		Fried Steak	4oz			Swedish Meatb	3 oz	Beef Chili	12oz	Chicken Parmesan/	3oz	Turkey Hot Dog	4oz-2ea
Sour Chicken	4oz	W/Country Gravy	3 oz	Creamy Chicken	3oz	in Country Gravy		Shred Cheese	1/2 oz	Marinara&Parmesan	1oza	W/Mustard/Mayo	2 ea
Rice	1 c	Scalloped Potatoes	1 c	Penne Pasta	1 c	Rice	1 c	Cornbread/ Marg	1 ea	Penne Pasta	1 c	Macaroni & Cheese	1 c
Stir Fry Mix	1/2 c	Zucchini	1/2 c	Broccoli Blend	1/2c	Scandiavian Veg.	1/2 c	Mixed Veg	1/2 c	Brussel Sprouts	1/2 c	Country Mix **	1/2 c
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c			Green Salad	1 c	Coleslaw	1/2 c
Salad Dressing	1 oz	Salad Dressing	1 oz	Ranch Dressing	1 oz			Green Salad	1 c	Salad Dressing	1 oz		
Bread/ Marg	1ea	Bread/ Marg	1ea	Bread/mar	1 ea	Bread/marg	1ea	Salad Dressing	1 oz	Bread/marg	1 ea	Hot dog buns	2 ea
Pudding	1/2 c	Mandarins*	1/2 c	Pineapple	1/2 c	Apricot	1/2C	Peaches	1/2 c	Pears	1/2 c	Mixed Fruit	1/2 c
2% Milk	1 c	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz

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## RECOVERY INNOVATIONS

DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

CYCLE4

### PIONEER FOOD SERVICE

6-Jun SUNDAY		7-Jun MONDAY		8-Jun TUESDAY		9-Jun WEDNESDAY		10-Jun THURSDAY		11-Jun FRIDAY		12-Jun SATURDAY	
										Chef's Sal			
Chicken noodle		Bn&Cheez Burrito	2 ea	Turkey	2oz	Tomato Soup	1c	Beef Chili	1.5 c	T.Ham&Shrd Chz	1oz ea	Creamy Chicken	1ea
Casserole	1C	Spanish Rice	1/2 c	W/Cheese	2ea	W/Saltines	2 pak	Shred Cheese	1/2 oz	Hard boiled egg	1 ea	Rice	1/2 c
		W/Salsa	1oz			Ham	2oz	Mix Veggies**	1/2 c	Lettuce mix	2 c	Broccoli Blend	1/2 c
Green Beans	1/2 c	Zucchini	1/2c	Mayo/Mustard	1pk ea	Cheese	2ea			Tomatoes	2 wdg	Biscuit/Marg	1es
				Baby carrot**	1/2C	Mayo/Mustard	1 ea	Cornbread	1 sq	Salad Dressing	2 oz		
Dinner Roll/mar	1 ea			Hoagie Roll	1 ea	Wh Wheat Brd	2 sl			Dinner Roll/mar	1 ea		
Fresh Apple	1ea	Fresh Orange*	1ea	Pear	1/2 c	Tropical Mix		Fresh Apple	1ea	Banana	1 ea	Pears	1/2 c
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Breaded Fish	3.6oz	Grilled Chicken	3oz	Beef Stew	12oz	Fried Steak	4oz	Br.Chicken Patty	3oz	Shepherds Pie	1 ea	T.Ham Steak	3 oz
W/Tartar Sauce	1 oz	W/Gravy	3oz	W/Potatoe and		W/Country Gravy	3 oz	Rice	1 c			w/ Contry Gravy	3oz
Tater Tots	1C	Penne Pasta	1 c	Veg.in stew		Tater Tots	1 c	W/Chix Gravy	3 oz			Mashed Potato	1 c
Peas & Carrots	1/2c	Broccoli Blend	1/2 c			Green Beans	1/2c	California veg blend	1/2 c	Capri Veg Mix	1/2 c	Baby Carrots**	1/2C
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c
Salad Dressing	1 oz	Salad Dressing	1 oz	Salad Dressing	1 oz			Salad Dressing	1 oz			Salad Dressing	1 oz
Bread/Marg	1 ea	Bread/ Marg	1/1 tsp	Biscuit/Marg	1 ea	Bread/ Marg	1 ea	Bread/ Marg	1 ea	Bread/marg	1 ea	Bread/marg	1 ea
Peaches	1/2 c	Tropical Salad	1/2 c	Pudding	1/2 c	Cake	1ea	Pineapple	1/2 c	Apricot	1/2 c	Peaches	1/2 c
2% Milk	2 c	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
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## RECOVERY INNOVATIONS

DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

CYCLE5

### PIONEER FOOD SERVICE

13-Jun SUNDAY		14-Jun MONDAY		15-Jun TUESDAY		16-Jun WEDNESDAY		17-Jun THURSDAY		18-Jun FRIDAY	
		Beef Taco				Caesar Salad w/		Soup of the day		1C	
Salmon Burger	1ea	Taco Meat w/		Chix teriyaki	1ea	Diced Chicken	3 oz	W/ Saltines	2 pk	BBQ Chicken	1/2C
W/Tartar Sauce	1 oz	Black Beans	1/2C	Rice	1/2 c	Lettuce Mix	2 c	Bologna	2oz	Tater Tots	1/2 c
Rice Pilaf	1/2C	Shred cheese	1 oz	Venetian Mix Veg	1/2 c	Croutons/Parm	1 oz ea	Cheese	2ea	Corn and Peppers	1/2C
Country Mix **	1/2 c	Shred lettuce	1/2 c			Caesar Dressing	2 oz	Mustard/Mayo	1 ea		
		Salsa/sour crm	1oz ea			Dinner Roll/marg	1 ea	Baby Carrots**	1/2C	Coleslaw	1/2c
Hamb Bun	1 ea	Tortilla	2 ea	Bread/ Marg	1 ea			Bread	2 sl	Hamb Bun	1 ea
Tropical Salad	1/2 c	Apricot	1/2 c	Pear	1/2 c	Fresh Apple	1ea	Fresh Orange*	1ea	Fresh Banana	1ea
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Chicken Parmesar	3oz	Chicken Stew	12oz	Breaded Fish	3.6oz	Broccoli Beef	4oz	Chicken Patty w/	3oz	Salisbury Steak	3.2oz
Marinara&Parmes	1oz ea	W/Potatoe and		W/Tartar Sauce	1 oz	Rice	1C	Gravy	3oz	W/Brown Gravy	3 oz
Penne Pasta	1 c	Veg.in stew		Tater Tots	1C	Stir Fry Veg	1/2 c	Mashed Potatoes	1 c	Rice	1 c
Zucchini	1/2 c			Key Largo Veg Mix				Peas & Carrots	1/2C	Capri Veg	1/2 c
Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c
Salad Dressing	1 oz	Salad Dressing	1 oz			Salad Dressing	1 oz		1/1 tsp	Salad Dressing	1 oz
bread/marg	1 ea	Biscuit/Marg	1/1 tsp	Hamb Bun	1 ea	Bread/Marg	1 ea	Bread/ Marg	1/1 tsp	Bread/marg	1 ea
Pudding	1/2 c	Mandarins*	1/2 c	Pineapple	1/2 c	Apricot	1/2 c	Peaches	1/2 c	Cake	1ea
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz

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**19-Jun**  
**SATURDAY**

Turkey Noodle Casserole	1C
Broccoli Blend	1/2 c
Biscuit/Marg	1ea
Pudding	1/2 c
2% Milk	8 oz

T.Ham Steak W/Gravy	3oz 3 oz
Scalloped Potatoes	1 c
Mix Veggies	1/2c
Green Salad	1 c
Salad Dressing	1 oz
Bread/marg	1 ea
Tropical Salad	1/2 c
2% Milk	8 oz
