

MULTICARE

DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

CYCLE1

PIONEER FOOD SERVICE

| 5-May | | 6-May | | 7-May | | 8-May | | 9-May | | 10-May | | 11-May | |
|----------------|-------|-----------------|-------|-----------------|--------|------------------|-------|-----------------|-------|------------------|--------|----------------|--------|
| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
| | | | | | | | | | | Lentil Soup | 8 oz | | |
| T.Ham | 3 oz | Meat Loaf W/ | 3 oz | Chicken Sausage | 4 oz | Chili con carne | 12 oz | Chicken Alfredo | 8 oz | W/ Saltines | 2 pak | Hamb Patty | 3 oz |
| Cheese | 2 sl | Swiss Cheese | 2ea | in Marinara | | Shredded cheese | 1 oz | Casserol | | Bologna | 3 oz | W/Cheese, | 1 ea |
| Mustard/Mayo | 1 ea | Mustard/Mayo | 1 ea | Pasta Salad | 1/2 c | | | | | Cheese | 2sl | Mayo/Must | 1 ea |
| Potato Chips | 1oz | Green Salad | 1 c | Italian Veg Mix | 1/2C | Capri Veg | 1/2c | Brussel Sprouts | 1/2 c | Mayo/Mustard | 1pk ea | Macaroni & | 1/2 c |
| | | Ranch Dressing | 1 oz | | | | | | | Baby Carrot** | 1/2C | Cheese | |
| Bread | 2 sl | Bread | 2 sl | Hoagie Roll | 1 ea | Cornbread/marg | 1 ea | Bread Roll/marg | 1ea | Wheat Bread | 2 sl | Hamb Bun | 1 ea |
| Mandarins* | 1/2 c | Fresh Apple | 1ea | Fresh Orange* | 1ea | Tropical Mix | 1/2c | Fresh Banana | 1 ea | Fresh Orange* | 1ea | Mixed Fruit | 1/2 c |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |
| | | | | | | | | | | | | | |
| Sloppy Joes | 4 oz | Grilled Chicken | 3 oz | Salisbury Steak | 3.2 oz | Chix teriyaki | 3 oz | Fried Steak | 4 oz | Chick Cacciatore | 4 oz | Breaded Fish | 3.6 oz |
| Pasta Salad | 1 c | Brown Rice | 1 c | Mashed Potatoes | 1 c | Rice | 1 c | W/Country Grav | 3 oz | Penne Pasta | 1 c | Tater Tots | 1 c |
| Green Beans | 1/2 c | Zucchini | 1/2c | W/Brown Gravy | 3 oz | Venetian Mix Veg | 1/2 c | Mashed Potatoes | 1 c | Green Beans | 1/2 c | W/Tartar sauce | 1 oz |
| Green Salad | 1c | Green Salad | 1 c | Carrots | 1/2C | Green Salad | 1 c | Broccoli Blend | 1/2 c | Green Salad | 1 c | Capri Veg | 1/2 c |
| Salad Dressing | 1oz | Salad Dressing | 1 oz | Coleslaw | 1/2 c | Salad Dressing | 1 oz | Coleslaw | 1/2 c | Salad Dressing | 1 oz | Coleslaw | 1/2 c |
| Ham Bun | 1 ea | Bread/ Marg | 1 ea | Bread/marg | 1ea | Bread/marg | 1 ea | Bread/mar | 1 ea | Bread Roll/marg | 1ea | Bread/marg | 1 ea |
| Pears | 1/2 c | Mixed Fruit | 1/2 c | Pineapple | 1/2C | Pears | 1ea | Apricot | 1/2C | Pudding | 1/2C | Peaches | 1/2 c |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.

Menu items contain no pork products (except bacon)- turkey ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

*Vitamin C rich source **Vitamin A rich source Condiments are an average of 1 tsp ea catsup/mustard/mayo

Nutritious snacks are to be kept on hand at all times and include items such as fruit, cheese, peanut butter, bread, and crackers.

MULTICARE

DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

CYCLE2

PIONEER FOOD SERVICE

| 12-May | | 13-May | | 14-May | | 15-May | | 16-May | | 17-May | | 18-May | |
|-----------------|--------|----------------|--------|-----------------|-------|------------------|-------|-----------------|--------|----------------|-------|-----------------|--------|
| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
| | | Beef Taco | | | | | | Chef's Salad | | | | Soup of the day | 8 oz |
| T.Salami | 3 oz | Taco Meat w/ | | Turkey Hot Dog | 4 oz | Bn&Cheez Burrito | 2 ea | T.Ham&Shrd Chz | 1oz ea | Sloppy Joes | 4 oz | Bologna | 3 oz |
| Cheese | 2sl | Black Beans | 4 oz | W/Mustard/Mayo | 1 ea | Spanish Rice | 1/2 c | Hard boiled egg | 1 ea | Potato Salad | 1/2 c | W/Cheese | 2sl |
| Mayo/Mustard | 1pk ea | Shred cheese | 1 oz | Macaroni & | | W/Salsa | 1oz | Lettuce mix | 2 c | Baby carrot** | 1/2 c | Mayo/Mustard | |
| Potato Chips | 1oz | Shred lettuce | 1/2 c | Cheese | 1/2C | Green Beans | 1/2 c | Tomatoes | 2 wdg | | | Potato Chips | 1oz |
| | | Salsa/sour crm | 1oz ea | Coleslaw | 1/2 c | | | Salad Dressing | 2 oz | | | Bread | 2ea |
| Wheat Bread | 2 sl | Tortilla | 2 ea | Hot dog buns | 2 ea | | | Dinner Roll/mar | 1 ea | Hamb Bun | 1ea | | |
| Fresh Orange* | 1 ea | Fresh Apple | 1 ea | Pears | 1/2 c | Apricot | 1/2 c | Mixed Fruit | 1/2 c | Mandarins* | 1/2 c | Fresh Apple | 1ea |
| 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz |
| | | | | | | | | | | | | | |
| Beef Stroganoff | 4 oz | Creamy Chicken | 3 oz | T.Ham Steak | 3 oz | Meat Lasagna | 6 oz | Salisbury Steak | 3.2 oz | Cheeseburger | 3 oz | Brd Fish square | 3.6 oz |
| | | Rice | 1C | Mashed Potatoes | 1 c | | | Mashed Potatoes | 1 c | Mayo/mustard | 1 ea | W/Tartar Sauce | 1 oz |
| Pasta | 1 c | Broccoli Blend | 1/2 c | W/Gravy | 3 oz | Capri Veg Mix | 1/2 c | W/Brown Gravy | 3 oz | Tater tots | 1 C | Tater Tots | 1C |
| Scandiavian Veg | 1/2 c | | | Carrots | 1/2c | Green Salad | 1 c | Brussel Sprouts | 1/2 c | Corn | 1/2 C | Peas & Carrots | 1/2c |
| Green Salad | 1 c | Green Salad | 1 c | Green Salad | 1 c | Salad Dressing | 1 oz | Coleslaw | 1/2 c | Green Salad | 1 c | Coleslaw | 1/2 c |
| Salad Dressing | 1 oz | Salad Dressing | 1 oz | Salad Dressing | 1 oz | | | | | Salad Dressing | 1 oz | | |
| Bread/marg | 1 ea | Bread/ Marg | 1 ea | Bread/ Marg | 1 ea | Bread/marg | 1 ea | Bread/marg | 1ea | Ham Bun | 1 ea | Bread/Marg | 1 ea |
| Pineapple | 1/2 c | Mandarins* | 1/2 c | Tropical Salad | 1/2 c | Pudding | 1/2 c | Cake | 1ea | Pears | 1/2 c | Tropical Salad | 1/2 c |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |

If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.

Menu items contain no pork products (except bacon)- turkey ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

*Vitamin C rich source **Vitamin A rich source Condiments are an average of 1 tsp ea catsup/mustard/mayo

MULTICARE

DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

CYCLE3

PIONEER FOOD SERVICE

| 19-May SUNDAY | | 20-May MONDAY | | 21-May TUESDAY | | 22-May WEDNESDAY | | 23-May THURSDAY | | 24-May FRIDAY | | 25-May SATURDAY | | | |
|---|-------------|--------------------|-------------|-------------------|-------------|--------------------------|---------|--------------------|----------------|-------------------|---------------|-------------------------|---------|---------------|---------------|
| | | | | | | Chop Chop Salad | | | | Beef Taco | | | | | |
| Meat Loaf Sand w/Cheese | 3 oz 2ea | Pastrami | 3 oz 2ea | Swiss Cheese | 3 oz 2ea | Beef Tator Tot Casserole | 8 oz | Chicken, ham | 1oz ea 1 ea | BBQ Chicken | 4 oz 1/2 c | Taco Meat W/Black Beans | 4 oz | Chix teriyaki | 3 oz 1/2 c |
| Mustard/Mayo | 1 ea | Wh Grain Bread | 2 sl | California Veg | 1/2C | Tomatoes | 2 wdg | Hard-boiled egg | 1 ea | Tater Tots | 1/2 c | Shred cheese | 1 oz | Rice | 1/2 c |
| California veg blend | 1/2 c | Mayo/Mustard | 1pk ea | | | Shred Carrot | 1/4C | Tomatoes | 2 wdg | Corn and Peppers | 1/2C | Salsa/sour crm | 1oz ea | Stir Fry Veg | 1/2 c |
| | | Baby carrot** | 1/2 c | | | Salad Mix/dres | 2c/2z | Shred Carrot | 1/4C | | | Salsa/sour crm | 1oz ea | | |
| Bread | 2ea | | | Bread Roll/Marg | 1ea | Bread/ Marg | 1/1 tsp | Salad Mix/dres | 2c/2z | Coleslaw | 1/2 c | Shred lettuce | 1/2 c | | |
| Mixed Fruit | 1/2 c | Fresh Apple | 1ea | Pear | 1/2 c | Fresh Orange* | 1ea | Salad Mix/dres | 2c/2z | Hamb Bun | 1 ea | Tortilla | 2 ea | Bread/ Marg | 1/1 tsp |
| 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | Fresh Orange* | 1ea | Tropical Mix | 1/2 c | Pineapple | 1 ea | Mandarins* | 1ea |
| | | | | | | | | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz |
| Sweet and Sour Chicken | 4 oz | Fried Steak | 4 oz | Creamy Chicken | 3 oz | Swedish Meatb | 3 oz | Beef Chili | 12 oz | Chicken Parmesan/ | 3 oz | Turkey Hot Dog | 4oz-2ea | | |
| Rice | 1 c | W/Country Gravy | 3 oz | | | in Country Gravy | | Shred Cheese | 1/2 oz | Marinara&Parmesan | 1oz ea | W/Mustard/Mayo | 2 ea | | |
| Stir Fry Veg | 1/2 c | Scalloped Potatoes | 1 c | Penne Pasta | 1 c | Rice | 1 c | Cornbread/ Marg | 1 ea | Penne Pasta | 1 c | Macaroni & Cheese | 1 c | | |
| Green Salad | 1 c | Zucchini | 1/2 c | Italian Veg | 1/2c | Scandiavian Veg. | 1/2 c | Mixed Veg | 1/2 c | Brussel Sprouts | 1/2 c | Country Mix ** | 1/2 c | | |
| Salad Dressing | 1 oz | Green Salad | 1 c | Green Salad | 1 c | Coleslaw | 1/2 c | | | Green Salad | 1 c | Coleslaw | 1/2 c | | |
| Bread/ Marg | 1ea | Salad Dressing | 1 oz | Ranch Dressing | 1 oz | | | Green Salad | 1 c | Salad Dressing | 1 oz | | | | |
| Pudding | 1/2 c | Bread/ Marg | 1ea | Bread/mar | 1 ea | Bread/marg | 1ea | Salad Dressing | 1 oz | Bread/marg | 1 ea | Hot dog buns | 2 ea | | |
| 2% Milk | 1 c | Mandarins* | 1/2 c | Pineapple | 1/2 c | Apricot | 1/2C | Peaches | 1/2 c | Pears | 1/2 c | Mixed Fruit | 1/2 c | | |
| | | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |
| If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value. | | | | | | | | | | | | | | | |
| Menu items contain no pork products (except bacon)- turkey ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey. | | | | | | | | | | | | | | | |
| *Vitamin C rich source **Vitamin A rich source Condiments are an average of 1 tsp ea catsup/mustard/mayo | | | | | | | | | | | | | | | |
| Nutritious snacks are to be kept on hand at all times and include items such as fruit, cheese, peanut butter, bread, and crackers. | | | | | | | | | | | | | | | |

MULTICARE

DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

CYCLE4

PIONEER FOOD SERVICE

| 26-May | | 27-May | | 28-May | | 29-May | | 30-May | | 31-May | | 1-Jun | |
|---|--------|------------------|---------|----------------|--------|-----------------|-------|----------------------|--------|-----------------|--------|-----------------|-------|
| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
| | | | | | | | | | | Chef's Sal | | | |
| Chicken noodle | | Bn&Cheez Burrito | 2 ea | Turkey | 3 oz | Tomato Soup | 8 oz | Beef Chili | 12 oz | T.Ham&Shrd Chz | 1oz ea | Creamy Chicken | 3 oz |
| Casserole | 8 oz | Spanish Rice | 1/2 c | W/Cheese | 2ea | W/Saltines | 2 pak | Shred Cheese | 1/2 oz | Hard boiled egg | 1 ea | Rice | 1/2 c |
| | | W/Salsa | 1oz | | | Ham | 3 oz | Mix Veggies** | 1/2 c | Lettuce mix | 2 c | Winter Blend | 1/2 c |
| Green Beans | 1/2 c | Zucchini | 1/2c | Mayo/Mustard | 1pk ea | Cheese | 2ea | | | Tomatoes | 2 wdg | Biscuit/Marg | 1es |
| | | | | Baby carrot** | 1/2C | Mayo/Mustard | 1 ea | Cornbread | 1 sq | Salad Dressing | 2 oz | | |
| Dinner Roll/mar | 1 ea | | | Hoagie Roll | 1 ea | Wh Wheat Brd | 2 sl | | | Dinner Roll/mar | 1 ea | | |
| Fresh Apple | 1ea | Fresh Orange* | 1ea | Pear | 1/2 c | Tropical Mix | | Fresh Apple | 1ea | Banana | 1 ea | Pears | 1/2 c |
| 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz | 2% MILK | 8 oz |
| | | | | | | | | | | | | | |
| Breaded Fish | 3.6 oz | Grilled Chicken | 3 oz | Beef Stew | 12 oz | Fried Steak | 4 oz | Br.Chicken Patty | 3 oz | Shepherds Pie | 6 oz | T.Ham Steak | 3 oz |
| W/Tartar Sauce | 1 oz | W/Gravy | 3oz | W/Potatoe and | | W/Country Gravy | 3 oz | Rice | 1 c | | | w/ Contry Gravy | 3oz |
| Tater Tots | 1C | Penne Pasta | 1 c | Veg.in stew | | Tater Tots | 1 c | W/Chix Gravy | 3 oz | | | Mashed Potato | 1 c |
| Peas & Carrots | 1/2c | Broccoli Blend | 1/2 c | | | Green Beans | 1/2c | California veg blend | 1/2 c | Capri Veg | 1/2 c | Baby Carrots** | 1/2C |
| Green Salad | 1 c | Green Salad | 1 c | Green Salad | 1 c | Coleslaw | 1/2 c | Green Salad | 1 c | Coleslaw | 1/2 c | Green Salad | 1 c |
| Salad Dressing | 1 oz | Salad Dressing | 1 oz | Salad Dressing | 1 oz | | | Salad Dressing | 1 oz | | | Salad Dressing | 1 oz |
| Bread/Marg | 1 ea | Bread/ Marg | 1/1 tsp | Biscuit/Marg | 1 ea | Bread/ Marg | 1 ea | Bread/ Marg | 1 ea | Bread/marg | 1 ea | Bread/marg | 1 ea |
| Peaches | 1/2 c | Tropical Salad | 1/2 c | Pudding | 1/2 c | Cake | 1ea | Pineapple | 1/2 c | Apricot | 1/2 c | Peaches | 1/2 c |
| 2% Milk | 2 c | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz |
| | | | | | | | | | | | | | |
| If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value. | | | | | | | | | | | | | |
| Menu items contain no pork products (except bacon)- turkey ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey. | | | | | | | | | | | | | |
| *Vitamin C rich source **Vitamin A rich source Condiments are an average of 1 tsp ea catsup/mustard/mayo | | | | | | | | | | | | | |
| Nutritious snacks are to be kept on hand at all times and include items such as fruit, cheese, peanut butter, bread, and crackers. | | | | | | | | | | | | | |

MULTICARE

DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

CYCLE5

PIONEER FOOD SERVICE

| 2-Jun | | 3-Jun | | 4-Jun | | 5-Jun | | 6-Jun | | 7-Jun | |
|-------------------|--------|----------------|-------|----------------|--------|------------------|--|------------------|--|---------|--|
| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
| | | Beef Taco | | | | Caesar Salad w/ | | Soup of the day | | 8 oz | |
| Salmon Burger | 3 oz | Taco Meat w/ | | Chix teriyaki | 3 oz | Diced Chicken | | W/ Saltines | | 2 pak | |
| W/Tartar Sauce | 1 oz | Black Beans | 4 oz | Rice | 1/2 c | Lettuce Mix | | Bologna | | 3 oz | |
| Rice Pilaf | 1/2C | Shred cheese | | Stir Fry Veg | 1/2 c | Croutons/Parm | | Cheese | | 2ea | |
| Peas & Carrots | 1/2 c | Shred lettuce | | | | Caesar Dressing | | Mustard/Mayo | | 1 ea | |
| | | Salsa/sour crm | | | | Dinner Roll/marg | | Baby Carrots** | | 1/2C | |
| Hamb Bun | 1 ea | Tortilla | | Bread/ Marg | 1 ea | | | Bread | | 2 sl | |
| Tropical Salad | 1/2 c | Apricot | 1/2 c | Pear | 1/2 c | Fresh Apple | | Fresh Orange* | | 1ea | |
| 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | 8 oz | 2% Milk | | 2% Milk | | 8 oz | |
| | | | | | | | | | | | |
| Chicken Parmesan | 3 oz | Chicken Stew | | Breaded Fish | 3.6 oz | Broccoli Beef | | Chicken Patty w/ | | 3 oz | |
| Marinara&Parmesan | 1oz ea | W/Potatoe and | | W/Tartar Sauce | 1 oz | Rice | | Gravy | | 3oz | |
| Penne Pasta | 1 c | Veg.in stew | | Tater Tots | 1C | Stir Fry Veg | | Mashed Potatoes | | 1 c | |
| Zucchini | 1/2 c | | | Peas | | | | Peas & Carrots | | 1/2C | |
| Green Salad | 1 c | Green Salad | | Coleslaw | 1/2 c | Green Salad | | Coleslaw | | 1/2 c | |
| Salad Dressing | 1 oz | Salad Dressing | | | | Salad Dressing | | | | 1/1 tsp | |
| bread/marg | 1 ea | Biscuit/Marg | | Hamb Bun | 1 ea | Bread/Marg | | Bread/ Marg | | 1/1 tsp | |
| Pudding | 1/2 c | Mandarins* | | Pineapple | 1/2 c | Apricot | | Peaches | | 1/2 c | |
| 2% Milk | 8 oz | 2% Milk | | 2% Milk | 8 oz | 2% Milk | | 2% Milk | | 8 oz | |

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Menu items contain no pork products (except bacon)- turkey ham, bologna, salami, pastrami are used. Sausage is beef, chicken or turkey.

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| | |
|-----------------|--|
| 8-Jun | |
| SATURDAY | |

| | |
|-------------------------|-------|
| | |
| Turkey Noodle Casserole | 8 oz |
| | |
| Italian Veg | 1/2 c |
| | |
| Biscuit/Marg | 1ea |
| Pudding | 1/2 c |
| 2% MILK | 8 oz |
| | |
| T.Ham Steak W/Gravy | 3 oz |
| | 3 oz |
| Scalloped Potatoes | 1 c |
| Mix Veggies | 1/2c |
| Green Salad | 1 c |
| Salad Dressing | 1 oz |
| Bread/marg | 1 ea |
| Tropical Salad | 1/2 c |
| 2% Milk | 8 oz |

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