

**EACH DAY'S DELIVERY IS FOR SERVICE ON THE FOLLOWING DAY**  
DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

**PIONEER FOOD SERVICE**

**J STREET**

5/13/2021

		CYCLE 1											
16-May		17-May		18-May		19-May		20-May		21-May		22-May	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Rice Krispies	1 c	Cheerios	1 c	Oatmeal	1 c	Bran Flakes	1 c	Froot Loops	1 c	Oatmeal	1 c	Cornflakes	1 c
Waffle	2 ea	Frittata	1/2C	Waffle	2 ea	Scram. Eggs	1/2C	Sausage Gravy	1/2 c	Breakfast	1/2C	French Toast	2 sl
T. Sausage links	2oz			Bacon	2oz	Hash Browns	1/2C	Biscuits	2 ea	Taco		Tur.Saus Patty	1.6oz
Marg	2 tsp	Wheat Toast	2 sl	Marg	2 tsp	Wheat Toast	2 sl			Tortilla	2 ea	Marg	2 tsp
Syrup	2 oz	Marg	2 tsp	Syrup	2 oz	Marg	2 tsp					Syrup	2oz
Cranberry Juice*	8 oz	Orange Juice*	8 oz	Apple Juice*	8 oz	Cranberry Juice*	8 oz	Orange Juice*	8 oz	Apple Juice*	8 oz	Cranberry Juice*	8 oz
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
T.Ham	3 oz	Meat Loaf W/	3 oz	Chick Sausage	3 oz	Chili con carne	12 oz	Chicken Alfredo	8 oz	W/ Saltines	2 pk	Hamb Patty	3 oz
Cheese	1oz	Swiss Cheese	1oz	in Marinara		Shredded cheese	1 oz	Casserole		Bologna	3 oz	W/Cheese	.5oz
Carrots	1 cup	Mustard/Mayo	1 ea	Pasta Salad	1/2 c	Capri veg blend	1c			Cheese	1oz	Mayo/Must	1 ea
Mustard/Mayo	1oz	Green Salad	1 c	Malibu veg blend	1C	carrots,gr beans		Spinach**	1 c	Mayo/Mustard	1pk ea	Mac & Cheese	1/2 c
Potato Chips		Salad Dressing	1 oz	carrots,broccoli,cauliflower		zuch,squash				Baby Carrot**	1C	corn	1 cup
WG Bread***	2 sl	WG Bread***	2 sl	WG Roll***	1 ea	WG roll/marg***	1 ea	WG Roll/marg***	1ea	WG Bread***	2 sl	WG Bun***	1 ea
Mandarins*	1 c	Fresh Apple	1ea	Fresh Orange*	1ea	Tropical Mix	1c	Fresh Banana	1 ea	Fresh Orange*	1ea	Mixed Fruit	1 c
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
Sloppy Joes	4 oz	Grilled Chicken	3 oz	Salisbury Steak	3.2 oz	Chix teriyaki	3 oz	Fried Steak	4 oz	Chick Cacciatore	4 oz	Breaded Fish	3.6 oz
Pasta Salad	1 c	Brown Rice	1 c	Mashed Potatoes	1 c	Rice	1 c	W/Country Gravy	3 oz	Penne Pasta	1 c	Tater Tots	1 c
Green Beans	1/2 c	Zucchini	1/2c	W/Brown Gravy	3 oz	Stir Fry Veg	1/2 c	Mashed Potatoes	1 c	Green Beans	1/2 c	W/Tartar sauce	1 oz
Green Salad	1c	Green Salad	1 c	Green Beans	1/2C	Green Salad	1 c	Broccoli Blend	1/2 c	Green Salad	1 c	Capri Veg Mix	1/2 c
Salad Dressing	1oz	Salad Dressing	1 oz	Coleslaw	1/2 c	Salad Dressing	1 oz	Coleslaw	1/2 c	Salad Dressing	1 oz	Coleslaw	1/2 c
Ham Bun	1 ea	Bread/ Marg	1 ea	Bread/marg	1ea	Bread/marg	1 ea	Bread/mar	1 ea	Bread Roll/marg	1ea	Bread/marg	1 ea
Pears	1/2 c	Mixed Fruit	1/2 c	Pineapple	1/2C	Pears	1ea	Apricot	1/2C	Pudding	1/2C	Peaches	1/2 c
2% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.													
Menu items contain no pork products; turkey ham, bologna, salami and sausage are used.													
*Vitamin C rich source **Vitamin A rich source ***meets WG requirement Condiments are an average of 1 tsp ea catsup/mustard/mayo													
PCN provides all breakfast ingredients, fruit drink at lunch and milk. CFS provides all other menu items.													
Nutritious snacks are to be kept on hand at all times and include items such as fruit, cheese, peanut butter, bread, and crackers.													

5/13/2021

**EACH DAY'S DELIVERY IS FOR SERVICE ON THE FOLLOWING DAY**  
**DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE**

**PIONEER FOOD SERVICE**

**J STREET**

5/13/2021

		Cycle 2											
23-May		24-May		25-May		26-May		27-May		28-May		29-May	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Cheerios	1 c	Rice Krispies	1 c	Frosted Flakes	1 c	Raisin Bran	1 c	Cornflakes	1 c	Oatmeal	1 c	Cheerios	1 c
Scrambled Eggs	1/2C	Belgian Waffle	2 ea	Breakfast	1/2C	Egg Patty	1 ea	Cheese	1ea	Pancakes	2ea	Frittata	1/2C
Hash Browns	1/2C			Casserole		Sausage Patty	1 ea	Omelette		Tur.Saus Patty	1.6		
Wheat Toast	2 sl	Syrup	2 oz	Wheat Toast	2 sl	Cheese Slice	1 ea	Wheat Toast	2 sl	Syrup	2oz	Wheat Toast	2 sl
Marg	2 tsp	Marg	2 tsp	Marg	2 tsp	English Muffin/M	1 ea	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp
Apple Juice*	8 oz	Grape Juice*	8 oz	Cranberry Juice*	8 oz	Orange Juice*	6 oz	Apple Juice*	8 oz	Cranberry Juice*	8 oz	Grape Juice*	8 oz
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
T.Salami	3 oz	Taco Meat w/		Turkey Hot Dog	4 oz	B&C Burrito***	4.5oz	T.Ham&Shrd Chz	1oz ea	Sloppy Joes	4 oz	Bologna	3 oz
Cheese	1oz	Black Beans	4 oz	W/Mustard/Mayo	1 ea	Spanish Rice	1/2 c	Hard boiled egg	1 ea	Potato Salad	1/2 c	W/Cheese	1oz
Mayo/Mustard	1pk ea	Shred cheese	1 oz	Macaroni &		W/Salsa	1oz	Lettuce mix	2 c	Baby carrot**	1 c	Mayo/Mustard	
Potato Chips	1oz	Shred lettuce	1 c	Cheese	1/2C	Green Beans	1 c	Tomatoes	2 wdg			Potato Chips	1oz
Carrots	1 Cup	Salsa/sour crm	1oea	Coleslaw	1 cup			Ranch Dressing	2 oz			WG Bread***	2ea
WG Bread***	2 sl	WG Tortilla***	2 ea	WG buns***	1 ea			WG Roll/mar***	1 ea	WG Bun***	1ea	Corn	1 Cup
Fresh Orange*	1 ea	Fresh Apple	1 ea	Pears	1 c	Apricot	1 c	Mixed Fruit	1c	Mandarins*	1 c	Fresh Apple	1ea
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
Beef Stroganoff	4 oz	Creamy Chicken	3 oz	T.Ham Steak	3 oz	Meat Lasagna	6 oz	Salisbury Steak	3.2 oz	Cheeseburger	3 oz	Brd Fish square	3.6 oz
		Rice	1C	Mashed Potatoes	1 c			Mashed Potatoes	1 c	Mayo/mustard	1 ea	W/Tartar Sauce	1 oz
Pasta	1 c	Broccoli Blend	1/2 c	W/Gravy	3 oz	Capri Veg Mix	1/2 c	W/Brown Gravy	3 oz	Tater Tots	1 C	Tater Tots	1C
Scandiavian Veg	1/2 c			Carrots	1/2c	Green Salad	1 c	Spinach**	1/2 c	Corn	1/2 C	Peas & Carrots	1/2c
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Salad Dressing	1 oz	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c
Salad Dressing	1 oz	Salad Dressing	1 oz	Salad Dressing	1 oz					Salad Dressing	1 oz		
Bread/marg	1 ea	Bread/ Marg	1 ea	Bread/ Marg	1 ea	Bread/marg	1 ea	Bread/marg	1ea	Ham bun	1 ea	Bread/Marg	1 ea
Pineapple	1/2 c	Mandarins*	1/2 c	Tropical Salad	1/2 c	Pudding	1/2 c	Cake	1ea	Pears	1/2 c	Tropical Salad	1/2 c
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz

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**PIONEER FOOD SERVICE**

**J STREET**

		CYCLE 3		1-Jun		2-Jun		3-Jun		4-Jun		5-Jun	
30-May		31-May		1-Jun		2-Jun		3-Jun		4-Jun		5-Jun	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Froot Loops	1 c	Rice Krispies	1 c	Oatmeal	1 c	Bran Flakes	1 c	Frosted Flakes	1 c	Cheerios	1 c	Oatmeal	1 c
Sausage Gravy	1/2 c	French Toast	2ea	Scrambled Eggs	1/2C	Waffles	2 ea	Frittata	1/2C	Cheese	1ea	French Toast	2 sl
Biscuits	2 ea	Bacon	2oz	Hash Browns	1/2C	T.Sausage Patty	1.6oz			Omelette		T. Sausage links	2oz
		Marg	2 tsp	Wheat Toast	2 sl	Marg	2 tsp	Wheat Toast	2 sl	Wheat Toast	2 sl	Marg	2 tsp
		Syrup	2 oz	Marg	2 tsp	Syrup	2 oz	Marg	2 tsp	Marg	2 tsp	Syrup	2 oz
Orange Juice*	8 oz	Cranberry Juice*	8 oz	Orange Juice*	8 oz	Apple Juice*	8 oz	Cranberry Juice*	8 oz	Apple Juice*	8 oz	Grape Juice*	8 oz
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
Meat Loaf	3 oz	Pastrami	3 oz	Beef Tator Tot	8 oz	Chicken, ham	1oz ea	BBQ Chicken	4 oz	Taco Meat W/		Chix teriyaki	3 oz
	1oz	Swiss Cheese	1oz	Casserole		Hard-boiled egg	1 ea	Tater Tots	1/2 c	Black Beans	4 oz	Rice	1/2 c
Mustard/Mayo	1 ea	WG Bread***	2 sl	veg mix	1C	Tomatoes	2 wdg	Corn and Peppers	1C	Shred cheese	1 oz	Stir Fry Mix Veg	1 c
California veg blend	1 c	Mayo/Mustard	1pk ea	squash,carrots		Shred Carrot	1/4C			Salsa/sour crm	1oz ea	Brocc, onions	
carrots,brocc,cauliflower		Baby Carrot**	1 c	gr beans		Salad Mix/dres	2c/2z	Coleslaw	1/2 c	Shred lettuce	1 c	mush, red peppers	
WG Bread***	2ea			WG Roll/Marg**	1ea	Bread/ Marg***	1/1 tsp	WG Bun***	1 ea	WG Tortilla***	1ea	WGBread/ Marg**	1/1 tsp
Mixed Fruit	1c	Fresh Apple	1ea	Pear	1 c	Fresh Orange*	1ea	Tropical Mix	1 c	Pineapple	1 c	Mandarins*	1 c
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
Sweet and		Fried Steak	4 oz	Creamy Chicken	3 oz	Swedish Meatb	3 oz	Beef Chili	12 oz	Chicken Parmesan/	3 oz	Turkey Hot Dog	4oz-2ea
Sour Chicken	4 oz	W/Country Gravy	3 oz	Penne Pasta	1 c	in Country Gravy		Shred Cheese	1/2 oz	Marinara&Parmesan	1oza	W/Mustard/Mayo	2 ea
Rice	1 c	Scalloped Potatoes	1 c	Broccoli Blend	1/2c	Rice	1 c	Cornbread/ Marg	1 ea	Penne Pasta	1 c	Macaroni & Cheese	1 c
Stir Fry Veg Mix	1/2 c	Zucchini	1/2 c			Scandiavian Veg.	1/2 c	Mixed Veg	1/2 c	Spinach**	1/2 c	Country Mix **	1/2 c
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c			Green Salad	1 c	Coleslaw	1/2 c
Salad Dressing	1 oz	Salad Dressing	1 oz	Ranch Dressing	1 oz			Green Salad	1 c	Salad Dressing	1 oz		
Bread/ Marg	1ea	Bread/ Marg	1ea	Bread/mar	1 ea	Bread/marg	1ea	Salad Dressing	1 oz	Bread/marg	1 ea	Hot dog buns	2 ea
Pudding	1/2 c	Mandarins*	1/2 c	Pineapple	1/2 c	Apricot	1/2C	Peaches	1/2 c	Pears	1/2 c	Mixed Fruit	1/2 c
1% Milk	1 c	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz

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**PIONEER FOOD SERVICE**

**J STREET**

5/13/2021

		CYCLE 4											
6-Jun		7-Jun		8-Jun		9-Jun		10-Jun		11-Jun		12-Jun	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Rice Krispies	1 c	Crispix	1 c	Frosted Flakes	1 c	Toasted Os	1 c	Oatmeal	1 c	Cornflakes	1 c	Rice Krispies	1 c
		Scrambled Eggs	1/2C	Waffles	2 ea	Cheese	1ea	Egg Patty	1 ea	Pancakes	2 sl	Frittata	1/2C
Sausage Gravy	1/2 c	Hash Browns	1/2C	T.sausage patty	1.6oz	Omelette		Sausage Patty	1 ea	Bacon	2oz		
Biscuits	2 ea	Wheat Toast	2 sl	Marg	2 tsp	Wheat Toast	2 sl	Cheese Slice	1 ea	Syrup	2 oz	Wheat Toast	2 sl
		Marg	2 tsp	Syrup	2 oz	Marg	2 tsp	English Muffin	1 ea	Marg	2 tsp	Marg	2 tsp
Cranberry Jce*	8 oz	Grape Juice*	8 oz	Apple Juice*	8 oz	Grape Juice*	8 oz	Cranberry Jce*	8 oz	Orange Juice*	8 oz	Apple Juice*	8 oz
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
						Tomato Soup	8 oz						
Chicken noodle		B & C Burrito***	2 ea	Turkey	3 oz	W/Saltines	2 pk	Beef Chili	12 oz	T.Ham&Shrd Chz	1oz ea	Creamy Chicken	3 oz
Casserole	8 oz	Spanish Rice	1/2 c	W/Cheese	1oz	Ham	3oz	Shred Cheese	1/2 oz	Hard boiled egg	1 ea	Rice	1/2 c
		W/Salsa	1oz			Cheese	1oz	Mix Veggies**	1 c	Lettuce mix	2 c	Broccoli Blend	1 c
Green Beans	1 c	Zucchini	1c	Mayo/Mustard	1pk ea	Mayo/Mustard	1 ea	peas,carrots		Tomatoes	2 wdg	WG Biscuit/Marg	1es
				Baby carrot**	1C	Broccoli Blend	1 c	Corn	1/2 cup	Salad Dressing	2 oz		
WG Roll/mar***	1 ea			WG Roll***	1 ea	WG Bread***	2 sl	WG Bread***	1 sq	WG Roll/mar***	1 ea		
Fresh Apple	1ea	Fresh Orange*	1ea	Pear	1 c	Tropical Mix	1 c	Fresh Apple	1ea	Banana	1 ea	Pears	1 c
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
Brd Fish squere	3.6 oz	Grilled Chicken	3 oz	Beef Stew	12 oz	Fried Steak	4 oz	Br.Chicken Patty	3 oz	Shepherd's Pie	6 oz	T.Ham Steak	3 oz
W/Tartar Sauce	1 oz	W/ Gravy	1 c	W/Potatoe and		W/Country Gravy	3 oz	Rice	1 c			w/B.Gravy	3oz
Tater Tots	1C	Penne Pasta	1 c	Veg.in stew		Tater Tots	1 c	W/Chix Gravy	3 oz			Mashed Potato	1 c
Peas & Carrots	1/2c	Broccoli Blend	1/2 c			Green Beans	1/2c	California veg bland	1/2 c	Capri Veg Mix	1/2 c	Baby Carrots**	1/2C
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c
Salad Dressing	1 oz	Salad Dressing	1 oz	Salad Dressing	1 oz			Salad Dressing	1 oz			Salad Dressing	1 oz
Bread/Marg	1 ea	Bread/ Marg	1/1 tsp	Biscuit/Marg	1 ea	Bread/ Marg	1 ea	Bread/ Marg	1 ea	Bread/marg	1 ea	Bread/marg	1 ea
Peaches	1/2 c	Tropical Salad	1/2 c	Pudding	1/2 c	Cake	1ea	Pineapple	1/2 c	Apricot	1/2 c	Peaches	1/2 c
1% Milk	2 c	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
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**PIONEER FOOD SERVICE**

**J STREET**

		CYCLE 5									
13-Jun		14-Jun		15-Jun		16-Jun		17-Jun		18-Jun	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Toasted Os	1 c	Oatmeal	1 c	Cornflakes	1 c	Oatmeal	1 c	Rice Krispies	1 c	Froot Loops	1 c
French Toast	2 ea	Scram. Eggs	1/2C	Waffle	2 ea	Frittata	1/2C	Cheese	1ea	Scram. Eggs	1/2C
		Tater Triangles	2 ea	T. Sausage links	2oz			Omelette		Hash Browns	1/2C
Marg	2 tsp	Wheat Toast	2 sl	Marg	2 tsp	Wheat Toast	2 sl	Wheat Toast	2 sl	Wheat Toast	2 sl
Syrup	2 oz	Marg	2 tsp	Syrup	2 oz	Marg	2 tsp	Marg	2 tsp	Marg	2 tsp
Grape Juice*	8 oz	Cranberry Jce*	8 oz	Orange Juice*	8 oz	Grape Juice*	8 oz	Cranberry Juice*	8 oz	Apple Juice*	8 oz
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
Salmon Burger	3 oz	Taco Meat w/		Chix teriyaki	3 oz	Diced Chicken	3 oz	Soup of the day	8 oz	BBQ Chicken	4 oz
W/Tartar Sauce	1 oz	Black Beans	4 oz	Rice	1/2 c	Lettuce Mix	2 c	Bologna	2oz	Tater Tots	1/2 c
Rice Pilaf	1/2C	Shred cheese	1 oz	Mixed Veggies	1c	Iceberg,romaine,cabbage		Cheese & Saltines	2ea	Corn and Peppers	1C
Country Mix **	1 c	Shred lettuce	1 c	Gr beans,broccoli,onions		Croutons/Parm	1 oz ea	Mustard/Mayo	1 ea		
Corn,carrots, green beans		Salsa/sour crm	1oz ea	mush,red peppers		Caesar Dressing	2 oz	Baby Carrots**	1C	Coleslaw	1/2c
WG Bun***	1 ea	WGTortilla***	2 ea	WGBread/ Marg**	1 ea	WG Roll/marg***	1 ea	WG Bread***	2 sl	WG Bun***	1 ea
Tropical Salad	1 c	Apricot	1 c	Pear	1 c	Fresh Apple	1ea	Fresh Orange*	1ea	Fresh Banana	1ea
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz
Chicken Parmesan/	3 oz	Chicken Stew	12 oz	Brd Fish square	3.6 oz	Broccoli Beef	4 oz	Chicken Patty w/	3 oz	Salisbury Steak	3.2 oz
Marinara&Parmesan	1oz ea	W/Potatoe and		W/Tartar Sauce	1 oz	Rice	1C	Gravy	3oz	W/Brown Gravy	3 oz
Penne Pasta	1 c	Veg.in stew		Tater Tots	1C	Stir Fry Veg Mix	1/2 c	Mashed Potatoes	1 c	Rice	1 c
Zucchini	1/2 c			Key Largo Veg				Peas & Carrots	1/2C	Capri Veg Mix	1/2 c
Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c
Salad Dressing	1 oz	Salad Dressing	1 oz			Salad Dressing	1 oz		1/1 tsp	Salad Dressing	1 oz
Dinner roll/Marg	1 ea	Biscuit/Marg	1/1 tsp	Hamb Bun	1 ea	Bread/Marg	1 ea	Bread/ Marg	1/1 tsp	Bread/marg	1 ea
Pudding	1/2 c	Mandarins*	1/2 c	Pineapple	1/2 c	Apricot	1/2 c	Peaches	1/2 c	Cake	1ea
1% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz	2% Milk	8 oz	1% Milk	8 oz	1% Milk	8 oz

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5/13/2021

<b>19-Jun</b>	
<b>SATURDAY</b>	
Cornflakes	1 c
French Toast	2 ea
Tur.Saus Patty	1.6oz
Marg	2 tsp
Syrup	2oz
Orange Juice*	8 oz
1% Milk	8 oz
Turkey Noodle	8 oz
Casserole	
Broccoli Blend	1 c
WG Biscuit/Mar***	1ea
Mandarins	1 cup
1% Milk	8 oz
T.Ham Steak	3 oz
W/Gravy	3 oz
Scalloped Potatoes	1 c
Mix Veggies	1/2c
Green Salad	1 c
Salad Dressing	1 oz
Bread/marg	1 ea
Tropical Salad	1/2 c
1% Milk	8 oz