

EACH DAY'S DELIVERY IS FOR SERVICE ON THE FOLLOWING DAY
DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

PIONEER FOOD SERVICE

CORP

2/11/2018

		CYCLE 1											
16-May		17-May		18-May		19-May		20-May		21-May		22-May	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c
Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c
Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz
Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea
Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz
Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz
										Lentil Soup	8 oz		
T.Ham	3 oz	Meat Loaf W/	3 oz	Chick Sausage	3 oz	Chili con carne	12 oz	Chicken Alfredo	8 oz	W/ Saltines	2 pak	Hamb Patty	3 oz
Cheese	2 sl	Swiss Cheese	2ea	in Marinara		Shredded cheese	1 oz	Casserol		Bologna	3 oz	W/Cheese,	1 ea
Mustard/Mayo	1 ea	Mustard/Mayo	1 ea	Pasta Salad	1/2 c					Cheese	2sl	Mayo/Must	1 ea
Potato Chips	1oz	Green Salad	1 c	Bahama Veg Mix	1/2C	Capri Veg Mix	1/2c	Brussel Sprouts	1/2 c	Mayo/Mustard	1pk ea	Macaroni &	1/2 c
		Salad Dressing	1 oz							Baby Carrot**	1/2C	Cheese	
Bread	2 sl	Bread	2 sl	Hoagie Roll	1 ea	Cornbread/Marg	1 ea	Bread Roll/Marg	1ea	Wheat Bread	2 sl	Hamb Bun	1 ea
Mandarins*	1/2 c	Fresh Apple	1ea	Fresh Orange*	1ea	Tropical Mix	1/2c	Fresh Banana	1 ea	Fresh Orange*	1ea	Mixed Fruit	1/2 c
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Sloppy Joes	4 oz	Grilled Chicken	3 oz	Salisbury Steak	3.2 oz	Chix Teriyaki	3 oz	Fried Steak	4 oz	Chick Cacciatore	4 oz	Breaded Fish	3.6 oz
Pasta Salad	1 c	Brown Rice	1 c	Mashed Potatoes	1 c	Rice	1 c	W/Country Gravy	3 oz	Penne Pasta	1 c	Tater Tots	1 c
Green Beans	1/2 c	Zucchini	1/2c	W/Brown Gravy	3 oz	Stir Fry Mix	1/2 c	Mashed Potatoes	1 c	Green Beans	1/2 c	W/Tartar sauce	1 oz
Green Salad	1c	Green Salad	1 c	Green Beans	1/2C	Green Salad	1 c	Broccoli Blend	1/2 c	Green Salad	1 c	Capri Veg Mix	1/2 c
Salad Dressing	1oz	Salad Dressing	1 oz	Coleslaw	1/2 c	Salad Dressing	1 oz	Coleslaw	1/2 c	Salad Dressing	1 oz	Coleslaw	1/2 c
Ham Bun	1 ea	Bread/Marg	1 ea	Bread/Marg	1ea	Bread/Marg	1 ea	Bread/Marg	1 ea	Bread Roll/Marg	1ea	Bread/Marg	1 ea
Pears	1/2 c	Mixed Fruit	1/2 c	Pineapple	1/2C	Pears	1ea	Apricot	1/2C	Puddig	1/2C	Peaches	1/2 c
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
If necessary due to production or delivery problems, a menu item may be replaced with an item of equal nutritional value.													
Menu items contain no pork products; turkey ham, bologna, salami and sausage are used.													
*Vitamin C rich source **Vitamin A rich source Condiments are an average of 1 tsp ea catsup/mustard/mayo													
PCN provides all breakfast ingredients, fruit drink at lunch and milk. CFS provides all other menu items.													
Nutritious snacks are to be kept on hand at all times and include items such as fruit, cheese, peanut butter, bread, and crackers.													

EACH DAY'S DELIVERY IS FOR SERVICE ON THE FOLLOWING DAY
DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

PIONEER FOOD SERVICE

CORP

5/13/2021

		Cycle 2											
23-May		24-May		25-May		26-May		27-May		28-May		29-May	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c
Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c
Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz
Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea
Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz
Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz
		Beef Taco						Chef's Salad				Soup Of The Day	8 oz
T.Salami	3 oz	Taco Meat w/		Turkey Hot Dog	4 oz	Bn&Cheez Burrito	2 ea	T.Ham&Shrd Chz	1oz ea	Sloppy Joes	4 oz	Bologna	3 oz
Cheese	2sl	Black Beans	4 oz	Mustard/Mayo	1 ea	Spanish Rice	1/2 c	Hard boiled Egg	1 ea	Potato Salad	1/2 c	W/Cheese	2sl
Mayo/Mustard	1pk ea	Shred Cheese	1 oz	Macaroni &		W/Salsa	1oz	Lettuce Mix	2 c	Baby Carrot**	1/2 c	Mayo/Mustard	
Potato Chips	1oz	Shred Lettuce	1/2 c	Cheese	1/2C	Green Beans	1/2 c	Tomatoes	2 wdg			Potato Chips	1oz
		Salsa/Sour Crm	1oz ea	Coleslaw	1/2 c			Salad Dressing	2 oz			Bread	2ea
Wheat Bread	2 sl	Tortilla	2 ea	Hot dog buns	1 ea			Dinner Roll/Marg	1 ea	Hamb Bun	1ea		
Fresh Orange*	1 ea	Fresh Apple	1 ea	Pears	1/2 c	Apricot	1/2 c	Mixed Fruit	1/2 c	Mandarins*	1/2 c	Fresh Apple	1ea
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Beef Stroganoff	3 oz	Creamy Chicken	3 oz	T.Ham Steak	3 oz	Meat Lasagna	6 oz	Salisbury Steak	3.2 oz	Cheeseburger	3 oz	Brd Fish squere	3.6 oz
		Rice	1C	Mashed Potatoes	1 c			Mashed Potatoes	1 c	Mayo/Mustard	1 ea	W/Tartar Sauce	1 oz
Pasta	1 c	Broccoli Blend	1/2 c	W/Gravy	3 oz	Capri Veg Mix	1/2 c	W/Brown Gravy	3 oz	Tater Tots	1 C	Tater Tots	1C
Scandiavian Veg	1/2 c			Carrots	1/2c	Green Salad	1 c	Brussel Sprouts	1/2 c	Corn	1/2 C	Peas & Carrots	1/2c
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Salad Dressing	1 oz	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c
Salad Dressing	1 oz	Salad Dressing	1 oz	Salad Dressing	1 oz					Salad Dressing	1 oz		
Bread/Marg	1 ea	Bread/Marg	1 ea	Bread/Marg	1 ea	Bread/Marg	1 ea	Bread/Marg	1ea	Ham Bun	1 ea	Bread/Marg	1 ea
Pineapple	1/2 c	Mandarins*	1/2 c	Tropical Salad	1/2 c	Pudding	1/2 c	Cake	1ea	Pears	1/2 c	Tropical Salad	1/2 c
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz

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DINNER SALADS WILL BE DELIVERED ON DAY OF SERVICE

PIONEER FOOD SERVICE

CORP

		CYCLE 3		1-Jun		2-Jun		3-Jun		4-Jun		5-Jun	
30-May		31-May		1-Jun		2-Jun		3-Jun		4-Jun		5-Jun	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c
Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c
Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz
Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea
Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz
Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz
							Chop Chop Salad				Beef Tostada		
Meat Loaf Sandw	3 oz	Pastrami	3 oz	Beef Tator Tot	8 oz	Chicken, ham	1oz ea	BBQ Chicken	4 oz	Taco Meat W/		Chix teriyaki	3 oz
w/Cheese	2ea	Swiss Cheese	2ea	Casserol		Hard-boiled egg	1 ea	Tater Tots	1/2 c	Black Beans	4 oz	Rice	1/2 c
Mustard/Mayo	1 ea	Wh Grain Bread	2 sl	Riviera Veg Mix	1/2C	Tomatoes	2 wdg	Corn and Peppers	1/2C	Shred cheese	1 oz	Stir Fry Mix	1/2 c
California Veg Blend	1/2 c	Mayo/Mustard	1pk ea			Shred Carrot	1/4C			Salsa/sour crm	1oz ea		
		Baby carrot**	1/2 c			Salad Mix/dres	2c/2z	Coleslaw	1/2 c	Shred lettuce	1 c		
Bread	2ea			Bread Roll/Marg	1ea	Bread/Marg	1/1 tsp	Hamb Bun	1 ea	Tostada Bowl	1ea	Bread/ Marg	1/1 tsp
Mixed Fruit	1/2 c	Fresh Apple	1ea	Pear	1/2 c	Fresh Orange*	1ea	Tropical Mix	1/2 c	Pineapple	1 ea	Mandarins*	1ea
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Sweet and		Fried Steak	4 oz	Creamy Chicken	3 oz	Swedish Meatb	3 oz	Beef Chili	12 oz	Chicken Parmesan/	3 oz	Turkey Hot Dog	4oz-2ea
Sour Chicken	4 oz	W/Country Gravy	3 oz			in Contry Gravy		Shred Cheese	1/2 oz	Marinara&Parmesan	1oza	W/Mustard/Mayo	2 ea
Rice	1 c	Scalloped Potatoes	1 c	Penne Pasta	1 c	Rice	1 c	Cornbread/ Marg	1 ea	Penne Pasta	1 c	Macaroni & Cheese	1 c
Stir Fry Veg	1/2 c	Zucchini	1/2 c	Broccoli Blend	1/2c	Scandiavian Veg.	1/2 c	Mixed Veg	1/2 c	Brussel Sprouts	1/2 c	Country Mix **	1/2 c
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c			Green Salad	1 c	Coleslaw	1/2 c
Salad Dressing	1 oz	Salad Dressing	1 oz	Salad Dressing	1 oz			Green Salad	1 c	Salad Dressing	1 oz		
Bread/ Marg	1ea	Bread/ Marg	1ea	Bread/mar	1 ea	Bread/marg	1ea	Salad Dressing	1 oz	Bread/marg	1 ea	Hot dog buns	2 ea
Pudding	1/2 c	Mandarins*	1/2 c	Pineapple	1/2 c	Apricot	1/2C	Peaches	1/2 c	Pears	1/2 c	Mixed Fruit	1/2 c
2% Milk	1 c	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz

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PIONEER FOOD SERVICE

CORP

5/13/2021

		CYCLE 4											
6-Jun		7-Jun		8-Jun		9-Jun		10-Jun		11-Jun		12-Jun	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c
Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c
Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz
Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea
Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz
Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz
										Chef's Sal			
Chicken noodle		Bn&Cheez Burrito	2 ea	Turkey	3 oz	Tomato Soup	8 oz	Beef Chili	12 oz	T.Ham&Shrd Chz	1oz ea	Creamy Chicken	3 oz
Casserole	8 oz	Spanish Rice	1/2 c	W/Cheese	2ea	W/Saltines	2 pak	Shred Cheese	1/2 oz	Hard boiled egg	1 ea	Rice	1/2 c
		W/Salsa	1oz			Ham	3 oz	Mix Veggies**	1/2 c	Lettuce mix	2 c	Winter Blend	1/2 c
Green Beans	1/2 c	Zucchini	1/2c	Mayo/Mustard	1pk ea	Cheese	2ea			Tomatoes	2 wdg	Biscuit/Marg	1es
				Baby carrot**	1/2C	Mayo/Mustard	1 ea	Cornbread	1 sq	Salad Dressing	2 oz		
Dinner Roll/mar	1 ea			Hoagie Roll	1 ea	Wh Wheat Brd	2 sl			Dinner Roll/marg	1 ea		
Fresh Apple	1ea	Fresh Orange*	1ea	Pear	1/2 c	Tropical Mix		Fresh Apple	1ea	Banana	1 ea	Pears	1/2 c
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Brd Fish	3.6 oz	Grilled Chicken	3 oz	Beef Stew	12 oz	Fried Steak	4 oz	Br.Chicken Patty	3 oz	Shepherd's Pie	6 oz	1.Ham Steak	3 oz
W/Tartar Sauce	1 oz	W/Gravy	3oz	W/Potatoe and		W/Country Gravy	3 oz	Rice	1 c			w/ Contry Gravy	3oz
Tater Tots	1C	Penne Pasta	1 c	Veg.in stew		Tater Tots	1 c	W/Chix Gravy	3 oz			Mashed Potato	1 c
Peas & Carrots	1/2c	Broccoli Blend	1/2 c			Green Beans	1/2c	California Veg Blend	1/2 c	Capri Veg Mix	1/2 c	Baby Carrots**	1/2C
Green Salad	1 c	Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c
Salad Dressing	1 oz	Salad Dressing	1 oz	Salad Dressing	1 oz			Salad Dressing	1 oz			Salad Dressing	1 oz
Bread/Marg	1 ea	Bread/ Marg	1/1 tsp	Biscuit/Marg	1 ea	Bread/ Marg	1 ea	Bread/ Marg	1 ea	Bread/marg	1 ea	Bread/marg	1 ea
Peaches	1/2 c	Tropical Salad	1/2 c	Pudding	1/2 c	Cake	1ea	Pineapple	1/2 c	Apricot	1/2 c	Peaches	1/2 c
2% Milk	2 c	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
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PIONEER FOOD SERVICE

CORP

		CYCLE 5									
13-Jun		14-Jun		15-Jun		16-Jun		17-Jun		18-Jun	
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c	Cold Cereal	1 c
Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c	Fruit	1/2 c
Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz	Fruit juice*	6 oz
Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2ea	Toast/Marg/Jelly	2 ea	Toast/Marg/Jelly	2 ea
Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz	Yogurt or Cot Ch	4 oz
Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz	Milk, 2%	8 oz
		Beef Taco				Caesar Salad w/		Soup of the day	8 oz		
Salmon Burger	3 oz	Taco Meat w/		Chix teriyaki	3 oz	Diced Chicken	3 oz	W/ Saltines	2 pak	BBQ Chicken	4 oz
W/Tartar Sauce	1 oz	Black Beans	4 oz	Rice	1/2 c	Lettuce Mix	2 c	Bologna	3 oz	Tater Tots	1/2 c
Rice Pilaf	1/2C	Shred cheese	1 oz	Stir Fry Veg	1/2 c	CROUTONS/Parm	1 oz ea	Cheese	2ea	Corn and Peppers	1/2C
Peas & Carrots	1/2 c	Shred lettuce	1/2 c			Caesar Dressing	2 oz	Mustard/Mayo	1 ea		
		Salsa/sour crm	1oz ea			Dinner Roll/marg	1 ea	Baby Carrots**	1/2C	Coleslaw	1/2c
Hamb Bun	1 ea	Tortilla	2 ea	Bread/ Marg	1 ea			Bread	2 sl	Hamb Bun	1 ea
Tropical Salad	1/2 c	Apricot	1/2 c	Pear	1/2 c	Fresh Apple	1ea	Fresh Orange*	1ea	Fresh Banana	1ea
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz
Chicken Parmesan/	3 oz	Chicken Stew	12 oz	Brd Fish square	3.6oz	Broccoli Beef	4 oz	Chicken Patty w/	3 oz	Salisbury Steak	3.2oz
Marinara&Parmesan	1oz ea	W/Potatoe and		W/Tartar Sauce	1 oz	Rice	1c	Gravy	3 oz	W/Brown Gravy	3 oz
Penne Pasta	1 c	Veg.in stew		Tater Tots	1c	Stir Fry Veg	1/2 c	Mashed Potatoes	1 c	Rice	1 c
Zucchini	1/2 c			Key Largo Veg	1c			Peas & Carrots	1/2C	Capri Veg Mix	1/2 c
Green Salad	1 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c	Coleslaw	1/2 c	Green Salad	1 c
Salad Dressing	1 oz	Salad Dressing	1 oz			Salad Dressing	1 oz		1/1 tsp	Salad Dressing	1 oz
Bread/Marg	1 ea	Biscuit/Marg	1/1 ts	Hamb Bun	1 ea	Bread/Marg	1 ea	Bread/ Marg	1/1 ts	Bread/marg	1 ea
Pudding	1/2 c	Mandarins*	1/2 c	Pineapple	1/2 c	Apricot	1/2 c	Peaches	1/2 c	Cake	1ea
2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz	2% Milk	8 oz

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5/13/2021

19-Jun	
SATURDAY	
Cold Cereal	1 c
Fruit	1/2 c
Fruit juice*	6 oz
Toast/Marg/Jelly	2 ea
Yogurt or Cot Ch	4 oz
Milk, 2%	8 oz
Turkey Noodle Casserole	8 oz
California Blend	1/2 c
Biscuit/Marg	1ea
Pudding	1/2 c
2% Milk	8 oz
T.Ham Steak W/Gravy	3 oz
	3 oz
Scalloped Potatoes	1 c
Mix Veggies	1/2c
Salad Dressing	1 c
Ranch Dressing	1 oz
Bread/marg	1 ea
Tropical Salad	1/2 c
2% Milk	8 oz